

MACOMB COUNTY & REGIONAL CHAMPIONS



MAC RED DUAL & DIVISION MEET CHAMPIONS



2024 akota Women's Track & Field

How to earn a Dakota Varsity Letter in Track & Field

Achieve one or more of the following:

- Earn All-State honors
- Qualify for the MHSAA State Finals
- Compete in the MHSAA Regionals
- Qualify for the Macomb County Meet of Champions
- Earn a medal at the MAC RED Division meet
- Compete at the MITCA team State Finals
- Be a 4 year member of the Track and Field team in Good Standing (Service, Leadership, Character, Scholarship)
- Score 10 varsity points.
- Foreign Exchange students in Good Standing
- Coach's Decision



2024 Dakota Women's Track & Field

Season Highlights

- **MHSAA Regional Champions**
- **Macomb County Meet champions**
- **MAC RED Dual & Division Meet Champions**
- **JV-MAC County Champions**
- 8 state qualifiers in 5 events
- County Champs include the Jaea Dwyer in the 400m Dash, Jayden Harberts in the 1600m Run, Casey Cojocar in the High Jump and 3200m Relay team of Lidia Clancy, Mylene Pham, Aubrey Rizzo and Julia Timpa
- Division Meet Champs include Jayden Harberts in the 1600m and 3200m, Maygan Stramer in the Shot put and the 400m Relay team of Syndey Timpa, MaKayla Reed, Isabella Perry, and Aniyah McMurrian
- The team earns 374 medals.
- 80 athletes with 30 earning varsity letters
- For detailed results go to www.dakotatrackfield.com or www.athletic.net

2024 Awards	Johnson-Burnett M.V.P.	Jayden Harberts Sydney Timpa
	Most Improved	Maygan Stramer
	Cub Award	Aubrey Rizzo
	“Christina Micale” Spirit & Loyalty	Mariya Howard
	Most Outstanding Performance	Sienna Avery
	Cougar Award	Jayden Harberts

Dual Meet Results Season Record (5-0)

Dakota	83	Anchor Bay	54
Dakota	88	Romeo	48
Dakota	104	GP South	33
Dakota	98	GP North	39
Dakota	95	Chippewa Valley	41

Major Meet Results

Spring Break Classic	2 nd
Royal Oak Relays	2 nd
Steve Johnson Relays	2 nd
Mark Carpenter Invite	4 th
MAC RED Division Meet	1 st
MHSAA Regional	1 st
JV MAC-County	1 st
Macomb County Meet	1 st
MHSAA State Finals	33 rd



The Cougar Team

Varsity

Camryn Ash*	12	Emerson Sauve*	11	Charly Procissi*	10
Sienna Avery*	12	Jodi Schwesinger*	11	MaKayla Reed*	10
Mariah Belmont*	12	Julia Timpa*	11	Ryann Smitka*	10
Jayden Harberts*	12	Sydney Timpa*	11	Casey Cojocar*	9
Mariya Howard*	12	Reese Carter	10	Corey Cojocar*	9
Maygan Stramer	12	Lidia Clancy*	10	Emma Kessler	9
Madison McPeek*	11	Lindsay Dailey	10	Aniyah McMurrian	9
Isabella Perry*	11	Jaea-Marie Dwyer*	10	Aubrey Rizzo*	9
Mylene Pham*	11	Haley Fohey*	10	Kaitlyn Rizzo*	9
Alexandra Ruggirello*	11	Anna Lucas*	10	Anna Torey*	9

BOLD=Veteran Award

* MAC all academic

Junior Varsity

A'undrea Bell	12	Kyndall Motley	11	Salimata Roberson-Wade	10
TJ Carter	12	Amy Neumann	11	Candace Staley	10
Sofia Falmer	12	Stoni Perkins	11	Allison Zoli	10
Cheyenne Morris	12	Madison Sledge	11	Jenna Billings	9
Marina Santos	12	Kennedy Walker	11	Vivian Fox	9
Jenna Accetta	11	Ava Bing	10	Alyssa Fudge	9
Kaliah Chau	11	Amber Brown	10	Brooklyn Golitko	9
Ava Donlin	11	Nylah Carter	10	Daneli Hodge	9
Samantha Faustich	11	Ella Daniell	10	Natalie Howell	9
Serenity Fulford	11	Je'Niyah Dowdell	10	Sydney Lane	9
Syria Hardwell	11	Katelyn Frederiksen	10	Kayla Maciacz	9
Edna Haskic	11	Mercedes Guzman	10	Nylah Mack	9
Ja'Nya Ishmeal	11	Emiya Hatchett	10	Carly Nowakowski	9
Kristina Ivaskiv	11	Ava Koss	10	Kylie Smith	9
Laylah King	11	Ariana Mayfield	10	Aniyah Thomas	9
Jourdyn Martin	11	DeMya Noble	10	Ava Turner	9
Briana Mcfee	11	Kayla Offord	10		



2024 Coach's Awards

Coaches' Award	Mariah Belmont, Jenna Billings, Kaliah Chau, Lindsay Dailey, Kayla Maciacz, MaKayla Reed, Isabella Perry, Allie Ruggirello, Ryann Smitka, Julia Timpa, Allison Zoli
Extreme Istok Award	Kristina Ivaskiv
I brush my teeth w/ sand	Reese Carter, Sydney Timpa
Lindsay Fisher Stitch	Jordyn Martin
Did that just happen?	Charly Procissi
Take a Bite out of Track	Kaliah Chau, Mariya Howard, Ariana Mayfield, Charly Procissi, Sydney Timpa

Cougar Streaks

Longest winning streaks

25	April 12, 2017	to	May 10, 2022
13	April 26, 2011	to	April 30, 2013
12	April 23, 2009	to	April 14, 2011
9	April 18, 2023	to	present
7	May 14, 2001	to	April 19, 2003

Largest Margin of Victory

121 pts vs.	Sterling Heights	2010
116 pts vs.	Port Huron	2012
114 pts vs.	Stevenson	2017
103 pts vs.	Grosse Pointe North	2021
97 pts vs.	Port Huron	2011
96 pts vs.	Romeo	2021
95 pts vs.	Stevenson	2015

Smallest Margin of Victory

3.67 pts vs.	Port Huron	2000
4 pts vs.	Lutheran North	1997
5 pts vs.	Port Huron	2005
5 pts vs.	Stevenson	2005
7 pts vs.	Grosse Pointe North	2000
9 pts vs.	Chippewa Valley	2006

Worst Losses

80 pts vs.	L'Anse Creuse North	1997
74 pts vs.	Fraser	1996
72 pts vs.	Grosse Pointe North	1997
70 pts vs.	Romeo	1997
67 pts vs.	Romeo	2000

Closest Losses

3 pts vs.	Romeo	2011
5 pts vs.	Port Huron	2008
7 pts vs.	Grosse Pointe South	2005
7 pts vs.	Warren Mott	2007
7 pts vs.	Grosse Pointe South	2013

Cougar Team History

Season Records

<u>Year</u>	<u>Won</u>	<u>Lost</u>	<u>pct.</u>	<u>Division</u>	<u>Regional</u>	<u>State / Team St.</u>
1996	1	5	0.167	n/a	15 th	
1997	3	5	0.375	7 th	16 th	
JV Totals	4	10	0.286			

<u>Year</u>	<u>Won</u>	<u>Lost</u>	<u>pct.</u>	<u>Division</u>	<u>Regional</u>	<u>State / Team St.</u>
1998	2	5	0.283	4 th	7 th	
1999	3	3	0.500	6 th	10 th	
2000	4	2	0.667	2 nd	6 th	
2001	4	1	0.800	2 nd	4 th	
2002	5	0	1.000	1 st	Tie 1 st	49 th / 8 th
2003	3	2	0.600	2 nd	3 rd	47 th
2004	3	2	0.600	1 st	7 th	
2005	5	2	0.714	2 nd	3 rd	48 th
2006	5	2	0.714	1 st	3 rd	17 th
2007	2	4	0.333	6 th	5 th	
2008	3	3	0.500	3 rd	2 nd	34 th / 4 th
2009	5	0	1.000	1 st	2 nd	43 rd / 4 th
2010	5	0	1.000	1 st	2 nd	20 th / 3 rd
2011	5	1	0.833	1 st	2 nd	23 rd / 3 rd
2012	6	0	1.000	1 st	1 st	50 th / 5 th
2013	4	1	0.800	2 nd	1 st	5 th / 3 rd
2014	4	0	1.000	2 nd	1 st	--/3 rd
2015	4	1	0.800	2 nd	1 st	37 th / 3 rd
2016	4	1	0.800	1 st	1 st	16 th / 6 th
2017	5	0	1.000	1 st	3 rd	50 th / 7 th
2018	5	0	1.000	1 st	2 nd	37 th / 5 th
2019	5	0	1.000	1 st	1 st	27 th / 4 th
2020	----- Covid-19 Pandemic -----					
2021	5	0	1.000	1 st	1 st	11 th / 7 th
2022	5	0	1.000	1 st	1 st	16 th / 10 th
2023	4	1	0.800	1 st	3 rd	
2024	5	0	1.000	1 st	1 st	33 rd
Varsity Totals	110	31	0.780			

Cougar Trophies

<u>Year</u>	<u>Event</u>
2000	De LaSalle Invitational –Runner up
2002	MAC Sportsmanship Award
2002	Macomb County Team of the Year
2002	Division Meet Champions
2002	Dual Meet Champions
2002	Regional Co-Champions
2004	Division Meet Champions
2005	Muskrat Classic-3 rd Place
2006	Division Meet Champions
2007	Lowell Speiss Relays Coed Runner Up
2009	Sterling Heights Invite Runner Up
2009	Dual Meet Champions
2009	Division Meet Champions
2009	Macomb County Team of the Year
2010	Anchor Bay Rotary Relays Champions
2010	Muskrat Classic Runner Up
2010	Dual Meet Champions
2010	Division Meet Champions
2010	Macomb County Meet Div.1 Champions
2010	Macomb County Team of the Year
2011	April Showers Relays-3 rd Place
2011	Anchor Bay Rotary Relays Champions
2011	Division Meet Champions
2011	Macomb County Meet Div.1 Champions
2011	Macomb County Team of the Year
2012	Anchor Bay Rotary Relays Champions
2012	Sterling Heights Invite Runner Up
2012	Dual Meet Champions
2012	Regional Champions
2012	Division Meet Champions
2012	Macomb County Meet Div.1 Champions
2012	Macomb County Team of the Year
2013	Huron River Relays Runner Up
2013	Muskrat Classic Champions
2013	Falcon 9 th -10 th Invite Runner Up
2013	Regional Champions
2013	Macomb County Meet Div.1 Champions
2013	Macomb County Team of the Year
2014	Muskrat Classic Champions
2014	Falcon 9 th -10 th Invite Champions
2014	Regional Champions
2014	Macomb County Meet Div. 1 Champions
2014	Macomb County Team of the Year
2015	Muskrat Classic Champions
2015	Regional Champions
2015	Macomb County Meet Div. 1 Champions
2015	Macomb County Team of the Year
2016	Muskrat Classic Runner Up
2016	Regional Champions
2016	MAC Red Division Meet Champions
2017	Stevenson Titans Relays Runner Up
2017	Muskrat Classic Runner Up
2017	MAC Red Dual Meet Champions
2017	MAC Red Division Meet Champions
2018	April Showers Relays-3 rd Place
2018	Muskrat Classic Runner Up
2018	MAC Red Dual Meet Champions
2018	MAC Red Division Meet Champions
2018	Macomb County Meet Div. 1 Champions
2018	Macomb County Team of the Year
2019	Royal Oak Relays Champions
2019	Muskrat Classic Runner Up
2019	JV MAC-County Champions
2019	MAC Red Dual Meet Champions
2019	Regional Champions
2019	MAC Red Division Meet Champions
2019	Macomb County Meet Div. 1 Champions
2019	Macomb County Team of the Year
2021	Royal Oak Relays Champions
2021	Anchor Bay Relays Champions
2021	MAC Red Dual Meet Champions
2021	MAC Red Division Meet Champions
2021	Regional Champions
2021	JV MAC-County Champions
2021	Macomb County Meet Div. 1 Champions
2021	Macomb County Team of the Year
2022	Huron River Relays Runner Up
2022	Royal Oak Relays Champions
2022	MAC Red Dual Meet Champions
2022	MAC Red Division Meet Champions
2022	Regional Champions
2022	Macomb County Meet Div. 1 Champions
2022	Macomb County Team of the Year
2023	Huron River Relays Runner Up
2023	Royal Oak Relays Champions
2023	Algonac Muskrat Classic Champions
2023	MAC Red Division Meet Champions
2023	JV MAC-County Champions
2024	MAC Red Dual Meet Champions
2024	MAC Red Division Meet Champions
2024	Regional Champions
2024	JV MAC-County Champions
2024	Macomb County Meet Div. 1 Champions
2024	Macomb County Team of the Year

Cougar Foes

<u>Opponent</u>	<u>Won</u>	<u>Lost</u>	<u>pct.</u>
Anchor Bay	6	1	0.857
Chippewa Valley	13	0	1.000
East Detroit	2	0	1.000
Eisenhower	12	2	0.857
Fraser	1	2	0.333
Grosse Pointe North	17	2	0.895
Grosse Pointe South	7	7	0.500
Harper Woods	1	0	1.000
L'Anse Creuse	4	2	0.667
L'Anse Creuse North	2	2	0.500
Lutheran North	1	1	0.500
Marine City	0	1	0.000
Marysville	0	1	0.000
Port Huron	6	4	0.600
Romeo	14	9	0.609
Roseville	4	1	0.800
St. Clair	2	0	1.000
Sterling Heights	4	0	1.000
Stevenson	11	1	0.916
Utica	3	3	0.500
Warren Mott	4	2	0.666
Overall Totals	114	41	0.735



The 2024 Girls Track and Field team pose for a team picture after their undefeated dual meet season (5-0)

Midwest Meet of Champions

Year	Athlete	Event(s)
2003	Jenni Culbertson	3200m Run
2006	Tanisha Johnson	Long Jump, 100m Dash, 400m Relay
2011	Jennifer Schornak	Pole Vault
2013	Lauren Burnett	800m Run, 1600m Relay
2016	Kayla Dobies	High Jump

Top 3 seniors in Michigan are selected to compete against Midwest teams such as Ohio, Indiana, West Virginia and Illinois.



Cougar Academic All State Athletes

Athletes must place at the state finals and have over a 3.5 GPA

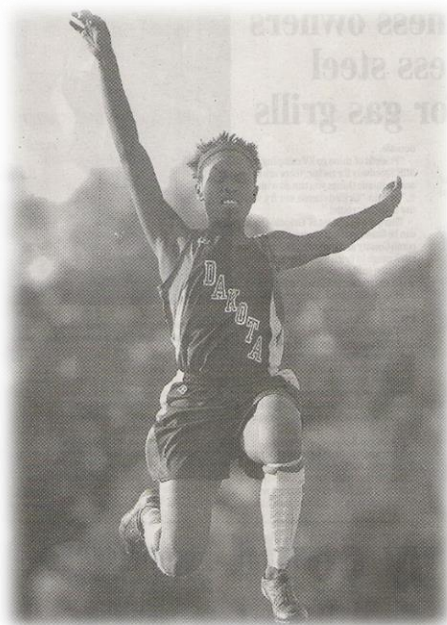
2002	Melissa Dunn, Monica Dunn, Jacqui Culbertson
2003	Jenni Culbertson
2008	Kelsey Hinz, Jessica Pizzini
2009	Jessica Pizzini, Emily Kujawski
2010	Emily Kujawski
2011	Jennifer Schornak
2013	Christina Micale, Jillian Flint
2015	Kayla Dobies
2016	Kayla Dobies
2017	Emily Droski
2018	Emily Droski, Jessica Bennett, Alexa Hempel
2019	Chelsea Harvey, Alexa Hempel, Kaylee Koch, Janan Khalil
2021	Mariah Belmont, Jayden Harberts, Janan Khalil, Emma Myziuk, Katelyn Slone
2022	Mariah Belmont, Jayden Harberts, Chelsea Harvey, Lindsay Harvey,
2022	Sydney Timpa
2023	Lindsay Harvey
2024	Sienna Avery, Jayden Harberts, Anna Lucas, Sydney Timpa



ABOVE (All State and Academic All State athletes, Mariah Belmont and Jayden Harberts pose after running at the Barnyard Invitational at Romeo in 2022)

Cougar All State Athletes

Year	Athlete	Grade	Event(s)	Mark	Place
2005	Tanisha Johnson	11 th	Long Jump	16' 9 1/4"	7 th
2006	Tanisha Johnson	12 th	Long Jump	18' 2 3/4"	2 nd
2006	Tanisha Johnson	12 th	High Jump	5' 2"	7 th



Tanisha Johnson flies to 2nd place in Long Jump in the State!

2008	Kelsey Hinz	11 th	Pole Vault	10' 6"	3 rd
2008	Jessica Pizzini	11 th	Pole Vault	10' 6"	7 th
2009	Jessica Pizzini	12 th	Pole Vault	10' 8"	8 th
2009	Emily Kujawski	11 th	Discus	118' 3"	7 th
2010	Emily Kujawski	12 th	Discus	120' 2"	5 th
2010	Emily Kujawski	12 th	Shot Put	38' 1.75"	7 th
2010	Jennifer Schornak	11 th	Pole Vault	11' 3"	5 th



Jennifer Schornak breaks her own school record and becomes the school's 1st Individual State Champion (2011).

2011	Jennifer Schornak	12 th	Pole Vault	11' 6"	1 st
------	-------------------	------------------	------------	--------	-----------------

Cougar All State Athletes cont.

2012	Lauren Burnett	11 th	400m Dash	57.97	8 th
2013	Lauren Burnett	12 th	400m Dash	55.67	2 nd
2013	Lauren Burnett	12 th	800m Run	2:09.62	3 rd
2013	Lauren Burnett	12 th	3200m Relay	9:27.02	8 th
2013	Christina Micale	12 th	3200m Relay	9:27.02	8 th
2013	Marah Pugh	11 th	3200m Relay	9:27.02	8 th
2013	Kayla Dobies	9 th	3200m Relay	9:27.02	8 th
2013	Kayla Dobies	9 th	High Jump	5' 3"	T 8 th
2013	Brina Serafino	9 th	800m Relay	1:41.55	3 rd
2013	Shawntes' Gayden	12 th	800m Relay	1:41.55	3 rd
2013	Jillian Flint	11 th	800m Relay	1:41.55	3 rd
2013	Lauren Burnett	12 th	800m Relay	1:41.55	3 rd
2013	Jillian Flint	11 th	400m Relay	48.88	4 th
2013	Dorothy Bradford	9 th	400m Relay	48.88	4 th
2013	Brina Serafino	9 th	400m Relay	48.88	4 th
2013	Shawntes' Gayden	12 th	400m Relay	48.88	4 th
2013	Lindsey Bartz	12 th	Pole Vault	11' 3"	T 3 rd
2015	Kayla Dobies	11 th	800m Run	2:14.13	5 th
2016	Kayla Dobies	12 th	High Jump	5' 7"	1 st
2017	Emily Droski	11 th	Discus	124' 7"	7 th
2018	Emily Droski	12 th	Discus	127' 0"	7 th
2018	Jessica Bennett	9 th	1600m Relay	4:01.53	8 th
2018	Alexa Hempel	10 th	1600m Relay	4:01.53	8 th
2018	McKenna Wojcicki	11 th	1600m Relay	4:01.53	8 th
2018	Airiana Louie-Cameron	10 th	1600m Relay	4:01.53	8 th



The Girls 4x400m Relay team breaks the school record at the State finals! Their time of 4:01.53 broke the existing record by .89 seconds. The team was 8th in 2018.

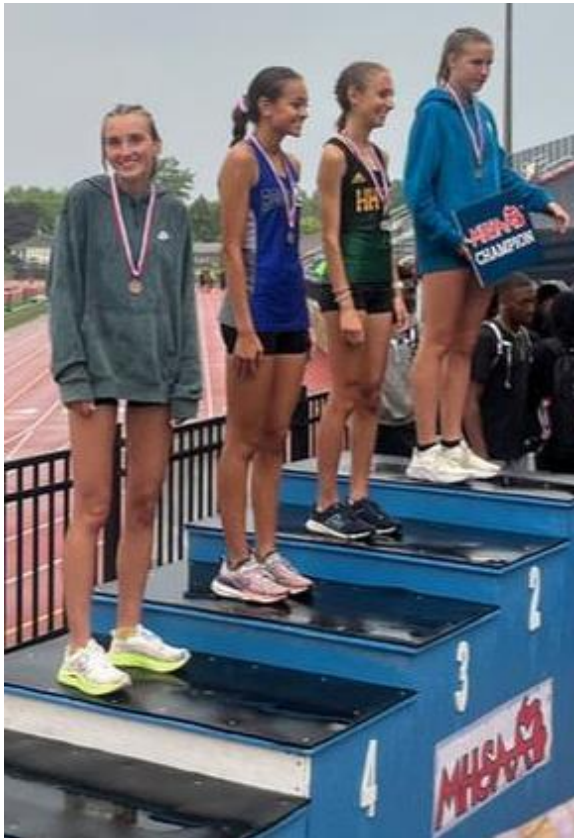
(from left to right)

Jessica Bennett (9), Alexa Hempel (10), Coach Kelley, McKenna Wojcicki (11), Airiana Louie-Cameron(10)

2019	Janan Khalil	10 th	Discus	130' 10"	4 th
2019	Kaylee Koch	12 th	Pole Vault	10' 3"	T 7 th

Cougar All State Athletes cont.

2021	Janan Khalil	12 th	Discus	141' 5"	2 nd
2021	Katelyn Slone	12 th	3200m Relay	9:30.76	7 th
2021	Mariah Belmont	9 th	3200m Relay	9:30.76	7 th
2021	Emma Myziuk	12 th	3200m Relay	9:30.76	7 th
2021	Jayden Harberts	9 th	3200m Relay	9:30.76	7 th
2021	Jayden Harberts	9 th	3200m Run	10:53.34	4 th
2022	Chelsea Harvey	12 th	3200m Relay	9:24.72	6 th
2022	Lindsay Harvey	11 th	3200m Relay	9:24.72	6 th
2022	Mariah Belmont	10 th	3200m Relay	9:24.72	6 th
2022	Jayden Harberts	10 th	3200m Relay	9:24.72	6 th
2022	Jayden Harberts	10 th	3200m Run	10:26.16	3 rd
2024	Jayden Harberts	12th	1600m Run	4:54.05	8th
2024	Jayden Harberts	12th	3200m Run	10:26.20	4th



Jayden Harberts earns All- State honors in the 3200m Run at East Kentwood in 2024. She is seen here running in the 1600m run.

Cougar State Qualifiers

Year	Athlete	Grade	Event(s)
1996	Tracy Shammaly	9 th	300m Hurdles
1998	Jenny Olszewski	12 th	300m Hurdles



Erin Miller Jumps at Rockford in the State Finals in 2000.

2000	Melissa Dunn	10 th	1600m Relay
2000	Monica Dunn	10 th	1600m Relay
2000	Marija Durakovich	11 th	1600m Relay
2000	Krysten Mazzola	10 th	1600m Relay
2000	Erin Miller	11 th	Long Jump
2001	Melissa Dunn	11 th	800m Relay, 1600m Relay
2001	Monica Dunn	11 th	800m Relay, 1600m Relay
2001	Marija Durakovich	12 th	800m Relay, 1600m Relay
2001	Krysten Mazzola	11 th	800m Relay
2001	Erin Miller	12 th	Long Jump
2001	Rachel Wells	11 th	Pole Vault, 1600m Relay
2002	Liz Beasley	12 th	High Jump
2002	Jenny Buczek	10 th	1600m Relay
2002	Jacqui Culbertson	10 th	3200m Relay*
2002	Melissa Dunn	12 th	3200m Relay*, 800m Run, 1600m Relay
2002	Monica Dunn	12 th	3200m Relay*, 800m Run*, 1600m Relay
2002	Heather Johnston	11 th	3200m Relay*
2002	Rachel Wells	12 th	Pole Vault, 1600m Relay

Cougar State Qualifiers cont.



The Dunn Twins race in the 800m at State Finals.

2003	Jacqui Culbertson	11 th	3200m Relay
2003	Jenni Culbertson	12 th	3200m Relay, 3200m Run*
2003	Olivia Dunn	9 th	3200m Relay
2003	Heather Johnston	12 th	3200m Relay
2003	Tanisha Johnston	9 th	High Jump
2004	Andrea de la Garza	9 th	Long Jump
2005	Andrea de la Garza	10 th	800m Relay
2005	Tanisha Johnson	11 th	High Jump, Long Jump, 800m Relay
2005	Lisa LaPerriere	10 th	Long Jump
2005	Jessica Lobaido	11 th	800m Relay
2005	Shannon Murray	11 th	800m Relay
2006	Kelsey Hinz	9 th	Pole Vault
2006	Tanisha Johnson	12 th	Long Jump, High Jump
2007	Corrin Craig	9 th	High Jump
2007	Megan Felcyn	11 th	Discus
2007	Kelsey Hinz	10 th	Pole Vault
2007	Jessica Pizzini	10 th	Pole Vault
2007	Gwen Scruggs	10 th	Pole Vault
2008	Stephanie Cuniberti	10 th	High Jump
2008	Megan Felcyn	12 th	Discus
2008	Kelsey Hinz	11 th	Pole Vault
2008	Jessica Pizzini	11 th	Pole Vault
2008	Gwen Scruggs	11 th	Pole Vault

Cougar State Qualifiers cont.

2009	Kelsey Hinz	12 th	Pole Vault
2009	Jessica Pizzini	12 th	Pole Vault
2009	Gwen Scruggs	12 th	Pole Vault
2009	Emily Kujawski	11 th	Discus, Shot Put
2009	Nicole Provencher	12 th	400m Relay
2009	Rebecca Fett	11 th	400m Relay
2009	Ashley Thomas	11 th	400m Relay
2009	Stephanie Cuniberti	11 th	400m Relay



Shawna Maeder takes off with the baton in the 4x400m relay at Rockford in 2010.

2010	Jennifer Schornak	11 th	Pole Vault
2010	Hannah Scruggs	10 th	Pole Vault
2010	Emily Kujawski	12 th	Discus, Shot Put
2010	Stephanie Cuniberti	12 th	High Jump
2010	Ashley Thomas	12 th	Long Jump
2010	Christina Micale	9 th	300m Hurdles, 1600m Relay
2010	Laura Fett	11 th	300m Hurdles
2010	Kathryn Ugorowski	10 th	1600m Relay, 400m Dash
2010	Shawna Maeder	11 th	1600m Relay
2010	Lauren Burnett	9 th	1600m Relay
2011	Jennifer Schornak	12 th	Pole Vault, Long Jump
2011	Hannah Scruggs	11 th	Pole Vault
2011	Lauren Burnett	10 th	3200m Relay, 400m Dash, 1600m Relay
2011	Hannah Pugh	12 th	3200m Relay
2011	Dayle Micale	12 th	3200m Relay
2011	Marah Pugh	9 th	3200m Relay, 1600m Run
2011	Christina Micale	10 th	300m Hurdles
2011	Kathryn Ugorowski	11 th	1600m Relay
2011	Shawna Maeder	12 th	1600m Relay
2011	Katelyn Daly	9 th	1600m Relay

Cougar State Qualifiers cont.

2012	Hannah Scruggs	12 th	Pole Vault	
2012	Lindsey Bartz	11 th	Pole Vault	
2012	Taylor Slivik	10 th	Pole Vault	
2012	Shawntes Gayden	11 th	100m Dash	
2012	Jillian White	12 th	1600m Relay	
2012	Christina Micale	11 th	3200m Relay, 300m Hurdles, 1600m Relay	
2012	Marah Pugh	10 th	3200m Relay, 1600m Run, 3200m Run	
2012	Kathryn Ugorowski	12 th	3200m Relay, 1600m Relay	
2012	Lauren Burnett	11 th	3200m Relay, 400m Dash, 800m Run, 1600m Relay	
2013	Taylor Slivik	11 th	Pole Vault	
2013	Lindsey Bartz	12 th	Pole Vault	
2013	Alexis Penzien	9 th	High Jump	
2013	Kayla Dobies	9 th	High Jump, 3200m Relay	
2013	Christina Micale	12 th	100m Hurdles, 300m Hurdles, 3200m Relay	
2013	Marah Pugh	11 th	1600m Run, 3200m Run, 3200m Relay	
2013	Shawntes' Gayden	12 th	100m Dash, 800m Relay, 400m Relay	
2013	Jillian Flint	11 th	200m Dash, 800m Relay, 400m Relay	
2013	Brina Serafino	9 th	800m Relay, 400m Relay	
2013	Dorothy Bradford	9 th	400m Relay	
2013	Lauren Burnett	12 th	3200m Relay, 800m Relay, 400m Dash, 800m Run	
2014	Taylor Slivik	12 th	Pole Vault	
2014	Kayla Dobies	10 th	High Jump, 3200m Relay, 800m Run, 1600m Relay	
2014	Marah Pugh	12 th	3200m Relay, 3200m Run, 1600m Relay	
2014	Jillian Flint	12 th	3200m Relay, 800m Relay	
2014	Marisa Viggiano	11 th	3200m Relay	
2014	Lynn Blevins	11 th	100m Dash, 800m Relay, 400m Relay	
2014	Brina Serafino	10 th	800m Relay, 400m Relay	
2014	Jordyn VanDeVelde	10 th	800m Relay, 1600m Relay	
2014	Dorothy Bradford	10 th	400m Relay	
2014	Destinee Modock	10 th	400m Relay	
2014	Natalie Bobowski	9 th	1600m Relay	
2015	Kayla Dobies	11 th	High Jump, 800m Run, 1600m Relay	
2015	Natalie Bobowski	10 th	3200m Relay, 1600m Relay	
2015	Jordyn VanDeVelde	11 th	3200m Relay, 1600m Relay	
2015	Marisa Viggiano	12 th	3200m Relay	
2015	Natalie Viggiano	9 th	3200m Relay	
2015	Lynn Blevins	12 th	400m Relay, 1600m Relay	

Cougar State Qualifiers cont.

2015	Dorothy Bradford	11 th	400m Relay
2015	Destinee Modock	11 th	400m Relay
2015	Taiyana Battiste	9 th	400m Relay
2016	Taiyana Battiste	10 th	400m Relay
2016	Natalie Bobowski	11 th	800m Relay, 1600m Relay
2016	Brenna Butkovich	10 th	100m Dash, 400m Relay, 800m Relay
2016	Kayla Dobies	12 th	High Jump, 3200m Relay, 1600m Relay
2016	Emily Droski	10 th	Discus
2016	Izabella Gowen	9 th	3200m Relay
2016	Destinee Modock	12 th	400m Relay
2016	Hannah Mueller	10 th	400m Relay, 800m Relay
2016	Sheila Payne	10 th	High Jump
2016	Alexis Penzien	12 th	1600m Relay
2016	Ally Slone	11 th	3200m Relay
2016	Kamry Smith	12 th	Long Jump
2016	Alayna Vernon	10 th	800m Relay
2016	Natalie Viggiano	10 th	3200m Relay
2016	McKenna Wojcicki	9 th	1600m Relay
2017	Brenna Butkovich	11 th	100m Dash
2017	Emily Droski	11 th	Discus
2017	Chloe Hadden	11 th	Discus
2018	Jessica Bennett	9 th	1600m Relay
2018	Brenna Butkovich	12 th	400m Relay
2018	Emily Droski	12 th	Discus, Long Jump
2018	Alexa Hempel	10 th	1600m Relay
2018	Kaylee Koch	11 th	Pole Vault, 400m Relay
2018	Airiana Louie-Cameron	10 th	400m Relay, 400m Dash, 1600m Relay
2018	Savannah McLauchlan	11 th	High Jump
2018	Jada Tullos	10 th	400m Relay
2018	McKenna Wojcicki	11 th	1600m Relay
2019	Zoe' Galloway	11 th	Long Jump
2019	Chelsea Harvey	9 th	1600m Relay
2019	Alexa Hempel	11 th	1600m Relay, Pole Vault
2019	Janan Khalil	10 th	Discus
2019	Kaylee Koch	12 th	Pole Vault
2019	Airiana Louie-Cameron	11 th	1600m Relay
2019	Savannah McLauchlan	12 th	High Jump
2019	McKenna Wojcicki	12 th	1600m Relay, 100m Hurdles, 300m Hurdles

Cougar State Qualifiers cont.

2021	Angelina Isakov	10 th	High Jump, 400m Relay, 800m Relay
2021	Danielle Modock	10 th	100m Dash, 400m Relay, 800m Relay
2021	Emma Payne	11 th	400m Relay, 800m Relay
2021	Isabella Fitzgerald	9 th	400m Relay, 800m Relay
2021	Katelyn Slone	12 th	3200m Relay
2021	Lindsay Harvey	10 th	3200m Relay
2021	Mariah Belmont	9 th	3200m Relay
2021	Jayden Harberts	9 th	3200m Relay, 1600m Run, 3200m Run
2021	Emma Myziuk	12 th	3200m Run
2021	Janan Khalil	12 th	Discus
2021	Gabby Jones	11 th	Long Jump
2022	Danielle Modock	11 th	100m Dash, 400m Relay
2022	Emma Payne	12 th	400m Relay
2022	Sydney Timpa	9 th	400m Relay
2022	Zoë Morris	12 th	400m Relay
2022	Jayden Harberts	10 th	3200m Relay, 1600m Run, 3200m Run, 1600m Relay
2022	Lindsay Harvey	11 th	3200m Relay, 1600m Relay
2022	Mariah Belmont	10 th	3200m Relay
2022	Chelsea Harvey	12 th	3200m Relay
2022	Gabby Jones	12 th	300m Hurdles, 1600m Relay
2022	Camryn Ash	10 th	1600m Relay
2023	Danielle Modock	12 th	100m Dash
2023	Lindsay Harvey	12 th	3200m Relay
2023	Mariah Belmont	11 th	3200m Relay
2023	Jayden Harberts	11 th	3200m Relay
2023	Ava LaMilza	12 th	3200m Relay
2024	Sienna Avery	12th	Pole Vault
2024	Lidia Clancy	10th	3200m Relay
2024	Casey Cojocar	9th	High Jump
2024	Jayden Harberts	12th	3200m Relay, 1600m Run, 3200m Run
2024	Anna Lucas	10th	Pole Vault
2024	Mylene Pham	11th	3200m Relay
2024	Aubrey Rizzo	9th	3200m Relay
2024	Sydney Timpa	11th	High Jump

*State Medalist (prior to 2005, Top 3 were named all-state; starting in 2005, Top 8 were named all-state).

By the Numbers (Cougar State Qualifiers)

1996	1 Girl	0 Boys	1 Total
1997	0 Girls	0 Boys	0 Total
1998	1 Girl	0 Boys	1 Total
1999	0 Girls	5 Boys	5 Total
2000	5 Girls	1 Boy	6 Total
2001	6 Girls	4 Boys	10 Total
2002	7 Girls	4 Boys	11 Total
2003	5 Girls	2 Boys	7 Total
2004	1 Girls	4 Boys	5 Total
2005	5 Girls	2 Boys	7 Total
2006	2 Girls	6 Boys	8 Total
2007	5 Girls	10 Boys	15 Total
2008	5 Girls	5 Boys	10 Total
2009	8 Girls	6 Boys	14 Total
2010	10 Girls	5 Boys	15 Total
2011	10 Girls	6 Boys	16 Total
2012	9 Girls	1 Boy	10 Total
2013	11 Girls	2 Boys	13 Total
2014	11 Girls	9 Boys	20 Total
2015	9 Girls	10 Boys	19 Total
2016	15 Girls	13 Boys	28 Total
2017	3 Girls	14 Boys	17 Total
2018	9 Girls	11 Boys	20 Total
2019	8 Girls	12 Boys	20 Total
2020	<i>Covid-19 Pandemic</i>		
2021	11 Girls	14 Boys	25 Total
2022	10 Girls	1 Boy	11 Total
2023	5 Girls	0 Boys	5 Total
2024	8 Girls	7 Boys	15 Total
Total	177 Girls	154 Boys	331 Total

By the Numbers (School Records Broken by year)

2000	6 Girls	6 Boys	12 Total
2001	9 Girls	9 Boys	18 Total
2002	9 Girls	7 Boys	16 Total
2003	4 Girls	2 Boys	6 Total
2004	2 Girls	4 Boys	6 Total
2005	6 Girls	6 Boys	12 Total
2006	4 Girls	1 Boys	5 Total
2007	2 Girls	6 Boys	8 Total
2008	3 Girls	1 Boys	4 Total
2009	3 Girls	1 Boys	4 Total
2010	5 Girls	2 Boys	7 Total
2011	4 Girls	2 Boys	6 Total
2012	9 Girls	2 Boys	11 Total
2013	7 Girls	2 Boys	9 Total
2014	3 Girls	2 Boys	5 Total
2015	2 Girls	3 Boys	5 Total
2016	2 Girls	6 Boys	8 Total
2017	2 Girls	4 Boys	6 Total
2018	2 Girls	4 Boys	6 Total
2019	1 Girls	4 Boys	5 Total
2020		<i>Covid-19 Pandemic</i>	
2021	3 Girls	2 Boys	5 Total
2022	4 Girls	2 Boys	6 Total
2023	0 Girls	0 Boys	0 Total
2024	1 Girls	1 Boys	2 Total

**Dakota Girls at the 2024 MAC
RED Championship!
That makes it 8 in a row!**



Cougar 1st Team All County

Year	Athlete	Grade	Event(s)
-------------	----------------	--------------	-----------------

1996-1997	did not attend		
-----------	----------------	--	--

1998	Jenny Olszewski	12 th	300m Hurdles
------	-----------------	------------------	--------------



2000 Girls 1600m Relay team relay at the State Finals.

2000	Melissa Dunn	10 th	1600m Relay
2000	Monica Dunn	10 th	1600m Relay
2000	Marija Durakovich	11 th	1600m Relay
2000	Krysten Mazzola	11 th	1600m Relay
2001	Jenny Buczek	9 th	1600m Relay
2001	Melissa Dunn	11 th	1600m Relay, 800m Relay
2001	Monica Dunn	11 th	1600m Relay, 800m Relay
2001	Marija Durakovich	12 th	1600m Relay, 800m Relay
2001	Kyrsten Mazzola	11 th	800m Relay
2001	Erin Miller	12 th	Long Jump



3200m Relay exchange at the State Finals in 2002.

2002	Jenny Buczek	10 th	1600m Relay
2002	Jacqui Culbertson	10 th	3200m Relay
2002	Melissa Dunn	12 th	1600m Relay, 3200m Relay
2002	Monica Dunn	12 th	1600m Relay, 3200m Relay, 800m Run

Cougar 1st Team All County cont.

2002	Heather Johnston	11 th	3200m Relay
2002	Rachel Wells	12 th	1600m Relay
2003	---Prom---		
2004	Lisa LaPerriere	9 th	Long Jump
2005	Tanisha Johnson	11 th	Long Jump, High Jump
2006	Tanisha Johnson	12 th	Long Jump, High Jump, 1600m Relay
2006	Jessica Lobaido	12 th	1600m Relay
2006	Alyssa Magnotte	12 th	1600m Relay
2006	Chelsea Piper	9 th	1600m Relay
2008	Stephanie Cuniberti	10 th	High Jump
2008	Kelsey Hinz	11 th	Pole Vault



3200m Relay team after their win in 2009.

2009	Emily Kujawski	11 th	Shot Put
2009	Stephanie Cuniberti	11 th	High Jump
2009	Jessica Pizzini	12 th	Pole Vault
2009	LaQwana Dockery	11 th	3200m Relay
2009	Shawna Maeder	10 th	3200m Relay
2009	Hannah Pugh	10 th	3200m Relay
2009	Chelsea Piper	12 th	3200m Relay
2010	Jennifer Schornak	11 th	Pole Vault
2010	Emily Kujawski	12 th	Shot Put
2010	Christina Micale	9 th	1600m Relay
2010	Kathryn Ugorowski	10 th	1600m Relay
2010	Shawna Maeder	11 th	1600m Relay
2010	Lauren Burnett	9 th	1600m Relay
2011	Jennifer Schornak	12 th	Pole Vault
2011	Lauren Burnett	10 th	3200m Relay, 400m Dash, 1600m Relay

Cougar 1st Team All County cont.

2011	Hannah Pugh	12 th	3200m Relay, 800m Run
2011	Dayle Micale	12 th	3200m Relay
2011	Marah Pugh	9 th	3200m Relay, 1600m Run
2011	Christina Micale	10 th	1600m Relay
2011	Kathryn Ugorowski	11 th	1600m Relay
2011	Katelyn Daly	9 th	1600m Relay
2012	Lindsey Bartz	11 th	Pole Vault
2012	Christina Micale	11 th	3200m Relay, 1600m Relay
2012	Kathryn Ugorowski	12 th	3200m Relay, 800m Relay, 1600m Relay
2012	Marah Pugh	10 th	3200m Relay
2012	Shawntes Gayden	11 th	100m Dash
2012	Samantha Schram	10 th	800m Relay
2012	Katelyn Daly	10 th	800m Relay
2012	Jillian Flint	10 th	800m Relay
2012	Jillian White	12 th	1600m Relay
2012	Lauren Burnett	11 th	3200m Relay, 400m, 800m, 1600m Relay
2013	Lauren Burnett	12 th	3200m Relay, 800m Relay, 400m Dash
2013	Christina Micale	12 th	3200m Relay
2013	Marah Pugh	11 th	3200m Relay
2013	Kayla Dobies	9 th	3200m Relay
2013	Jillian Flint	11 th	800m Relay, 200m Dash
2013	Brina Serafino	9 th	800m Relay
2013	Katelyn Daly	11 th	800m Relay
2013	Kayla Dobies	9 th	High Jump+
2013	Lindsey Bartz	12 th	Pole Vault+
2014	Taylor Slivik	12 th	Pole Vault
2014	Kayla Dobies	10 th	800m Run, 3200m Relay
2014	Jillian Flint	12 th	3200m Relay
2014	Marah Pugh	12 th	3200m Relay
2014	Marisa Viggiano	11 th	3200m Relay
2014	Brina Serafino	10 th	400m Relay
2014	Lynn Blevins	11 th	400m Relay
2014	Destinee Modock	10 th	400m Relay
2014	Dorothy Bradford	10 th	400m Relay
2015	Kayla Dobies	11 th	High Jump, 800m Run, 1600m Relay
2015	Natalie Bobowski	10 th	1600m Relay
2015	Jordyn VanDeVelde	11 th	1600m Relay

Cougar 1st Team All County cont.

2015	Lynn Blevins	12 th	1600m Relay, 400m Relay
2015	Dorothy Bradford	11 th	400m Relay
2015	Destinee Modock	11 th	400m Relay
2015	Taiyana Battiste	9 th	400m Relay
2015	Tahvya Krok	11 th	Long Jump
2016	Kayla Dobies	12 th	High Jump, 3200m Relay
2016	Natalie Viggiano	10 th	3200m Relay
2016	Ally Slone	11 th	3200m Relay
2016	Izabella Gowen	9 th	3200m Relay
2018	Kaylee Koch	11 th	Pole Vault, 400m Relay
2018	Savannah McLaughlan	11 th	High Jump
2018	Emily Droski	12 th	Discus
2018	Nadia Galloway	11 th	400m Relay
2018	Zoe' Galloway	10 th	400m Relay
2018	Brenna Butkovich	12 th	400m Relay
2018	Jessica Bennett	9 th	400m Dash
2019	Kaylee Koch	12 th	Pole Vault
2019	Chelsea Harvey	9 th	1600m Relay
2019	Alexa Hempel	11 th	1600m Relay
2019	Airiana Louie-Cameron	11 th	1600m Relay
2019	McKenna Wojcicki	12 th	1600m Relay
2021	Stefanie St. Pierre	12 th	Pole Vault
2021	Katelyn Slone	12 th	3200m Relay, 1600m Relay
2021	Mariah Belmont	9 th	3200m Relay, 1600m Relay
2021	Emma Myziuk	12 th	3200m Relay
2021	Jayden Harberts	9 th	3200m Relay
2021	Emma Payne	11 th	800m Relay
2021	Gabby Jones	11 th	800m Relay, 1600m Relay
2021	Chelsea Harvey	11 th	800m Relay, 1600m Relay
2021	Angelina Isakov	10 th	800m Relay
2022	Gabby Jones	12 th	300m Hurdles, 1600m Relay
2022	Jayden Harberts	10 th	3200m Relay, 1600m Run, 1600m Relay
2022	Chelsea Harvey	12 th	3200m Relay, 1600m Relay
2022	Lindsay Harvey	11 th	3200m Relay
2022	Camryn Ash	10 th	1600m Relay
2022	Mariah Belmont	10 th	3200m Relay

Cougar 1st Team All County cont.

2023	Mariah Belmont	11 th	3200m Relay
2023	Lindsay Harvey	12 th	3200m Relay
2023	Lidia Clancy	9 th	3200m Relay
2023	Ava LaMilza	12 th	3200m Relay
2024	Camryn Ash	12th	800m Relay
2024	Lidia Clancy	10th	3200m Relay
2024	Casey Cojocar	9th	High Jump
2024	Jaea-Marie Dwyer	10th	800m Relay, 400m Dash
2024	Jayden Harberts	12th	1600m Run
2024	Isabella Perry	11th	800m Relay
2024	Mylene Pham	11th	3200m Relay
2024	MaKayla Reed	10th	800m Relay
2024	Aubrey Rizzo	9th	3200m Relay
2024	Julia Timpa	11th	3200m Relay



2023 Men's and Women's team pose for a picture after the Steve Johnson Relays at Warren Mott. Both teams would finish as runner's up in the meet.

Cougar 2nd Team All County

Year	Athlete	Grade	Event(s)
1996-1997	did not attend		
1999	Jennie Froelich	11 th	400m Dash
1999	Shannon Gmerick	12 th	300m Hurdles
2000	Melissa Dunn	10 th	800m Relay
2000	Monica Dunn	10 th	800m Relay
2000	Marija Durakovich	11 th	800m Relay
2000	Krysten Mazzola	10 th	800m Relay
2000	Erin Miller	11 th	Long Jump, 100m Hurdles
2001	Jenny Buczek	9 th	300m Hurdles
2001	Melissa Dunn	11 th	400m Dash
2001	Monica Dunn	11 th	400m Dash
2002	Jenny Buczek	10 th	300m Hurdles
2002	Melissa Dunn	12 th	800m Run
2002	Rachel Wells	12 th	Pole Vault
2003	Tanisha Johnson	9 th	High Jump
2004	Jenny Buczek	12 th	300m Hurdles, 1600m Relay
2004	Jacqui Culbertson	11 th	1600m Relay
2004	Olivia Dunn	10 th	1600m Relay
2004	Jessica Lobaido	10 th	1600m Relay
2005	Andrea de la Garza	10 th	400m Relay, 800m Relay
2005	Amanda Hindman	11 th	400m Relay
2005	Tanisha Johnson	11 th	800m Relay
2005	Lisa LaPerriere	10 th	400m Relay, 800m Relay, Long Jump
2005	Jessica Lobaido	11 th	800m Relay
2005	Shannon Murray	11 th	800m Relay
2005	Alexis Zmudczynski	9 th	400m Relay
2006	Tanisha Johnson	12 th	800m Relay
2006	Jessica Lobaido	12 th	800m Relay
2006	Shannon Murray	12 th	800m Relay
2006	Sara Snider	11 th	800m Relay
2006	Kelsey Hinz	9 th	Pole Vault
2007	Corrin Craig	9 th	High Jump
2007	Stephanie Cuniberti	9 th	High Jump
2007	Megan Felcyn	11 th	Discus
2007	Jessica Pizzini	10 th	Pole Vault

Cougar 2nd Team All County



Kelsey Hinz and Jessica Pizzini receive their All State Awards in 2008.

2008	Jessica Pizzini	11 th	Pole Vault
2008	Gwen Scruggs	11 th	Pole Vault
2008	Chelsea Piper	11 th	3200m Relay
2008	Krysten Neate	12 th	3200m Relay
2008	Alicia Kellogg	11 th	3200m Relay
2008	Shawna Maeder	9 th	3200m Relay
2008	Hannah Pugh	9 th	3200m Relay
2009	Kelsey Hinz	12 th	Pole Vault
2009	Emily Kujawski	11 th	Discus
2009	Kathryn Ugorowski	9 th	1600m Relay
2009	LaQwana Dockery	11 th	1600m Relay
2009	Shawna Maeder	10 th	1600m Relay
2009	Chelsea Piper	12 th	1600m Relay
2010	Emily Kujawski	12 th	Discus
2010	Ashley Thomas	12 th	800m Relay
2010	Stephanie Cuniberti	12 th	800m Relay
2010	Kathryn Ugorowski	10 th	800m Relay
2010	Lauren Burnett	9 th	800m Relay, 400m Dash
2011	Jennifer Schornak	12 th	Long Jump
2011	Marah Pugh	9 th	3200m Run
2012	Taylor Slivik	10 th	Pole Vault
2012	Jillian Flint	10 th	100m Dash, 400m Relay
2012	Marah Pugh	10 th	1600m Run
2012	Samantha Schram	10 th	400m Relay

Cougar 2nd Team All County cont.

2012	Tanina Grace	10 th	400m Relay
2012	Shawntes Gayden	11 th	400m Relay
2013	Marah Pugh	11 th	800m Run, 1600m Relay
2013	Katelyn Daly	11 th	1600m Relay
2013	Kayla Dobies	9 th	1600m Relay
2013	Jillian Flint	11 th	1600m Relay
2013	Alexis Penzien	9 th	High Jump+
2013	Taylor Slivik	11 th	Pole Vault+
2014	Jordyn VanDeVelde	10 th	400m Dash, 800m Relay, 1600m Relay
2014	Jillian Flint	12 th	800m Relay, 1600m Relay
2014	Lynn Blevins	11 th	800m Relay
2014	Brina Serafino	10 th	800m Relay
2014	Natalie Bobowski	9 th	1600m Relay
2014	Kayla Dobies	10 th	1600m Relay
2015	Natalie Bobowski	10 th	3200m Relay
2015	Jordyn VanDeVelde	11 th	3200m Relay
2015	Marisa Viggiano	12 th	3200m Relay
2015	Natalie Viggiano	9 th	3200m Relay
2016	Kayla Dobies	12 th	800m Run, 1600m Relay
2016	McKenna Wojcicki	9 th	1600m Relay
2016	Alexis Penzien	12 th	1600m Relay
2016	Natalie Bobowski	11 th	1600m relay
2017	Kaylee Koch	10 th	Pole Vault
2017	Sheila Payne	11 th	High Jump
2017	Emily Droski	11 th	Discus
2018	McKenna Wojcicki	11 th	300m Hurdles, 1600m Relay
2018	Jessica Bennett	9 th	1600m Relay
2018	Alexa Hempel	10 th	1600m Relay
2018	Majesty Coleman	10 th	1600m Relay
2019	Zoe Morris	9 th	High Jump
2019	McKenna Wojcicki	12 th	300m Hurdles, 800m Relay
2019	Katelyn Slone	10 th	3200m Relay
2019	Angie Zefi	12 th	3200m Relay
2019	Jemma Kelly	11 th	3200m Relay
2019	Izabella Gowen	12 th	3200m Relay
2019	Zyair Clark	12 th	800m Relay
2019	Alexa Hempel	11 th	800m Relay
2019	Airiana Louie-Cameron	11 th	800m Relay

Cougar 2nd Team All County cont.

2021	Angelina Isakov	10 th	High Jump, 400m Relay
2021	Janan Khalil	12 th	Discus
2021	Danielle Modock	10 th	100m Dash, 400m Relay
2021	Jayden Harberts	9 th	1600m Run
2021	Gabby Jones	11 th	300m Hurdles
2021	Emma Payne	11 th	400m Relay
2021	Celia Sikowski	10 th	400m Relay
2022	Danielle Modock	11 th	100m Dash
2022	Mariah Belmont	10 th	800m Run
2022	Gianah Krok	12 th	Shot Put
2023	Mariya Howard	11 th	100m Hurdles
2023	Danielle Modock	12 th	100m Dash, 400m Relay
2023	Sydney Timpa	10 th	400m Relay
2023	El Auria Atienza	12 th	400m Relay
2023	Isabella Perry	10 th	400m Relay
2024	Camryn Ash	12th	1600m Relay
2024	Jaea-Marie Dwyer	10th	1600m Relay
2024	Jayden Harberts	12th	1600m Relay
2024	Alexandra Ruggirello	11th	1600m Relay

NOTE: through the 2009 season, all county honors were selected by a panel of coaches. Starting in 2010, all county honors were decided based solely on the place at the county meet.

+The field events were not contested in 2013 due to storms, therefore the All-County honors were selected by coaches for these events.



Danielle Modock comes out of the blocks at the Regional Meet hosted by Dakota, in 2022, she would win the event!

Cougar 3rd Team All County

In 2010 when it was decided to make all county teams based solely on the performances at the county meet, a 3rd team was added.

2010	Stephanie Cuniberti	12 th	High Jump
2010	Ashley Thomas	12 th	Long Jump
2010	Jillian White	10 th	3200m Relay
2010	Kayla Giese	9 th	3200m Relay
2010	Hannah Pugh	11 th	3200m Relay, 1600m Run
2010	Shawna Maeder	11 th	3200m Relay
2010	Kathryn Ugorowski	10 th	400m Dash
2010	Christina Micale	9 th	300m Hurdles
2011	Hannah Scruggs	11 th	Pole Vault
2011	Raven Adams	10 th	High Jump
2011	Jillian Flint	9 th	800m Relay
2011	Samantha Schram	9 th	800m Relay
2011	Lauren Burnett	10 th	800m Relay
2011	Kathryn Ugorowski	11 th	800m Relay, 200m Dash
2011	Hannah Pugh	12 th	1600m Run
2011	Christina Micale	10 th	300m Hurdles
2012	Hannah Scruggs	12 th	Pole Vault
2012	Christina Micale	11 th	300m Hurdles
2013	Brina Serafino	9 th	100m Dash
2013	Kayla Dobies	9 th	400m Dash
2013	Christina Micale	12 th	300m Hurdles
2013	Katelyn Daly	11 th	200m Dash
2013	Kaitlin Singer	12 th	Pole Vault+
2014	Kayla Dobies	10 th	High Jump
2015	Alexis Penzien	11 th	High Jump
2015	Jordyn VanDeVelde	11 th	400m Dash
2016	Emily Droski	10 th	Discus
2016	Natalie Bobowski	11 th	400m Dash
2017	Savannah McLauchlan	10 th	High Jump
2017	Emily Droski	11 th	Long Jump
2017	Chloe Hadden	11 th	Discus
2017	Brenna Butkovich	11 th	100m Dash
2017	McKenna Wojcicki	10 th	300m Hurdles, 1600m Relay
2017	Ally Slone	12 th	3200m Relay
2017	Izabella Gowen	10 th	3200m Relay, 1600m Relay

Cougar 3rd Team All County

2017	Hannah Faustyn	10 th	3200m Relay
2017	Elizabeth Gray	11 th	3200m Relay
2017	Kaitlyn Knapp	10 th	1600m Relay
2017	Angie Zefi	10 th	1600m Relay
2018	Abby Simms	10 th	Pole Vault
2018	Jemma Kelly	10 th	3200m Relay
2018	Elizabeth Gray	12 th	3200m Relay
2018	Angie Zefi	11 th	3200m Relay
2018	Izabella Gowen	11 th	3200m Relay
2018	McKenna Wojcicki	11 th	100m Hurdles
2018	Jessica Bennett	9 th	200m Dash
2019	Alexa Hempel	11 th	Pole Vault
2019	Savannah McLauchlan	12 th	High Jump
2019	Zoe' Galloway	11 th	Long Jump
2019	McKenna Wojcicki	12 th	100m Hurdles
2021	Gabby Jones	11 th	Long Jump, 100m Hurdles
2021	Jennifer Zaprawa	12 th	Discus
2021	Mariah Belmont	9 th	800m Run
2022	Chelsea Harvey	12 th	800m Run
2022	Gabby Jones	12 th	100m Hurdles
2022	Sydney Timpa	9 th	400m Relay
2022	Emma Payne	12 th	400m Relay, 800m Relay
2022	Zoë Morris	12 th	400m Relay
2022	Danielle Modock	11 th	400m Relay, 800m Relay
2022	Edna Haskic	9 th	800m Relay
2022	El Auria Atienza	11 th	800m Relay
2022	Gianah Krok	12 th	Discus
2023	Sydney Timpa	10 th	Long Jump
2023	Mariya Howard	11 th	300m Hurdles
2023	Ava LaMilza	12 th	3200m Run
2023	Jaea-Marie Dwyer	9 th	400m Dash, 1600m Relay
2023	Lidia Clancy	9 th	1600m Relay
2023	Mariah Belmont	11 th	1600m Relay
2023	Lindsay Harvey	12 th	1600m Relay
2024	Sienna Avery	12th	Pole Vault
2024	MaKayla Reed	10th	400m Relay
2024	Aniyah McMurrian	9th	400m Relay
2024	Isabella Perry	11th	400m Relay

Cougar 3rd Team All County

2024	Alexandra Ruggirello	11 th	Long Jump
2024	Sydney Timpa	11 th	400m Relay

Cougar Division Meet MVP

<u>Year</u>	<u>Athlete</u>	<u>Grade</u>
2002	Monica Dunn	12 th
2003	Jenni Culbertson	12 th
2006	Tanisha Johnson	12 th
2010	Emily Kujawski	12 th
2011	Jennifer Schornak	12 th
2012	Lauren Burnett	11 th
2013	Lauren Burnett	12 th
2016	Kayla Dobies-Co MVP	12 th
2017	McKenna Wojcicki	10 th
2018	McKenna Wojcicki	11 th
2021	Danielle Modock	10 th
2023	Danielle Modock	12 th
2024	Jayden Harberts	12 th



McKenna Wojcicki leads off the 4 x 400m Relay vs. Eisenhower at home in 2017.

2024 MAC RED Dual Meet Standings



Dakota	5-0
Romeo	4-1
Grosse Pointe South	3-2
Chippewa Valley	2-3
Anchor Bay	1-4
Grosse Pointe North	0-5

2024 State Finalists at East Kentwood



Cougar Division Meet Champions

Year	Athlete	Grade	Event(s)
1998	Jenny Olszewski	12 th	100m Hurdles, 300m Hurdles
2000	Melissa Dunn	10 th	800m Relay, 1600m Relay
2000	Monica Dunn	10 th	800m Relay, 1600m Relay
2000	Marija Durakovich	11 th	800m Relay, 1600m Relay
2000	Shannon Gmerick	12 th	300m Hurdles
2000	Krysten Mazzola	10 th	800m Relay, 1600m Relay
2000	Erin Miller	11 th	Long Jump
2001	Jenny Buczek	9 th	1600m Relay
2001	Melissa Dunn	11 th	800m Relay, 1600m Relay
2001	Monica Dunn	11 th	800m Relay, 1600m Relay
2001	Marija Durakovich	12 th	800m Relay, 1600m Relay
2001	Krysten Mazzola	11 th	800m Relay
2001	Erin Miller	12 th	Long Jump
2002	Sara Beech	12 th	Discus
2002	Jenny Buczek	10 th	1600m Relay, 300m Hurdles
2002	Jacqui Culbertson	10 th	3200m Relay
2002	Melissa Dunn	12 th	3200m Relay, 1600m Relay
2002	Monica Dunn	12 th	3200m Relay, 1600m Relay, 800m Run
2002	Jill Georgen	12 th	Shot Put
2002	Heather Johnston	11 th	3200m Relay
2002	Rachel Wells	12 th	1600m Relay
2003	Jackie Braun	12 th	400m Relay, 800m Relay
2003	Jenny Buczek	11 th	300m Hurdles
2003	Jacqui Culbertson	11 th	3200m Relay



Jacqui Culbertson runs a leg of the 3200m relay at Housman Field in 2002.

2003	Jenni Culbertson	12 th	3200m Relay, 3200m Run
2003	Olivia Dunn	9 th	3200m Relay
2003	Amanda Fader	9 th	400m Relay, 800m Relay

Cougar Division Meet Champions cont.

2003	Heather Johnston	12 th	3200m Relay
2003	Ashley Junga	10 th	400m Relay, 800m Relay
2003	Shannon Murray	9 th	800m Relay
2003	Danielle Vandine	11 th	400m Relay
2004	Jenny Buczek	12 th	100m Hurdles, 300m Hurdles 1600m Relay
2004	Jacqui Culbertson	12 th	1600m Relay
2004	Olivia Dunn	10 th	1600m Relay
2004	Lisa LaPerriere	9 th	Long Jump
2004	Jessica Lobaido	10 th	1600m Relay
2005	Andrea de la Garza	10 th	Long Jump, 800m Relay
2005	Olivia Dunn	11 th	1600m Relay
2005	Kellyn Jackson	11 th	1600m Relay
2005	Tanisha Johnson	11 th	High Jump, 800m Relay
2005	Jessica Lobaido	11 th	800m Relay, 1600m Relay
2005	Shannon Murray	11 th	800m Relay, 1600m Relay
2006	Tanisha Johnson	12 th	Long Jump, High Jump, 100m Dash 800m Relay
2006	Shannon Murray	12 th	100m Hurdles, 800m Relay
2006	Jessica Pizzini	9 th	Pole Vault
2006	Jessica Lobaido	12 th	800m Relay
2006	Sara Snider	11 th	800m Relay
2008	Megan Felcyn	12 th	Discus
2008	Kelsey Hinz	11 th	Pole Vault



Hannah Pugh Chases down Sterling Heights in the 3200m relay at County.

2009	Emily Kujawski	11 th	Shot Put, Discus
2009	Jessica Pizzini	12 th	Pole Vault, 800m Relay
2009	Nicole Provencher	12 th	800m Relay, 400m Relay
2009	Rebecca Fett	11 th	800m Relay, 400m Relay
2009	Stephanie Cuniberti	11 th	800m Relay, 400m Relay
2009	Ashley Thomas	11 th	400m Relay

Cougar Division Meet Champions cont.

2009	LaQwana Dockery	11 th	3200m Relay, 1600m Relay
2009	Chelsea Piper	12 th	3200m Relay, 1600m Relay
2009	Shawna Maeder	10 th	3200m Relay, 1600m Relay
2009	Hannah Pugh	10 th	3200m Relay
2009	Kathryn Ugorowski	9 th	1600m Relay
2010	Stephanie Cuniberti	12 th	High Jump
2010	Emily Kujawski	12 th	Discus, Shot Put
2010	Jillian White	10 th	3200m Relay
2010	Kayla Giese	9 th	3200m Relay
2010	Hannah Pugh	11 th	3200m Relay
2010	Shawna Maeder	11 th	3200m Relay, 800m Run, 1600m Relay
2010	Lauren Burnett	9 th	400m Dash, 1600m Relay
2010	Kathryn Ugorowski	10 th	1600m Relay
2010	Christina Micale	9 th	1600m Relay



Jessica Lobaido runs at Grosse Pointe South in the 1600m Relay in 2005.

2011	Jennifer Schornak	12 th	Long Jump, Pole Vault
2011	Lauren Burnett	10 th	400m Dash, 1600m Relay
2011	Christina Micale	10 th	300m Hurdles
2011	Marah Pugh	9 th	3200m Run
2011	Kathryn Ugorowski	11 th	1600m Relay
2011	Shawna Maeder	12 th	1600m Relay
2011	Katelyn Daly	9 th	1600m Relay
2012	Lindsey Bartz	11 th	Pole Vault
2012	Christina Micale	11 th	3200m Relay, 1600m Relay
2012	Kathryn Ugorowski	11 th	3200m Relay, 800m Relay, 1600m Relay
2012	Marah Pugh	10 th	3200m Relay
2012	Jillian Flint	10 th	800m Relay
2012	Samantha Schram	10 th	800m Relay
2012	Katelyn Daly	10 th	800m Relay

Cougar Division Meet Champions cont.

2012	Jillian White	12 th	1600m Relay
2012	Lauren Burnett	11 th	3200m Relay, 400m Dash, 800m Run 1600m Relay
2013	Lauren Burnett	12 th	400m Dash, 200m Dash
2013	Lindsey Bartz	12 th	Pole Vault
2014	Taylor Slivik	12 th	Pole Vault
2014	Kayla Dobies	10 th	800m Run
2015	Kayla Dobies	11 th	High Jump, 800m Run
2015	Emily Droski	9 th	Discus
2015	Tahvya Krok	11 th	Long Jump
2015	Jordyn VanDeVelde	11 th	400m Dash
2016	Brenna Butkovich	10 th	100m Dash, 200m Dash
2016	Kamry Smith	12 th	Long Jump
2016	Kayla Dobies	12 th	High Jump
2017	Brenna Butkovich	11 th	100m Dash
2017	Hannah Faustyn	10 th	3200m Run
2017	Brianna Schenk	11 th	High Hurdles
2017	McKenna Wojcicki	10 th	300m Hurdles
2017	Emily Droski	11 th	Discus
2017	Kaylee Koch	10 th	Pole Vault
2018	Jemma Kelley	10 th	3200m Relay
2018	Elizabeth Gray	12 th	3200m Relay
2018	Angie Zefi	11 th	3200m Relay
2018	Izabella Gowen	11 th	3200m Relay
2018	Jada Tullos	10 th	400m Relay
2018	Airiana Louie-Cameron	10 th	400m Relay
2018	Brenna Butkovich	12 th	400m Relay
2018	Kaylee Koch	11 th	400m Relay, Pole Vault
2018	Jessica Bennett	9 th	400m Dash
2018	McKenna Wojcicki	11 th	High Hurdles, 300m Hurdles
2018	Jennifer Zaprawa	9 th	Shot Put
2018	Emily Droski	12 th	Discus
2019	McKenna Wojcicki	12 th	100m Hurdles, 300m Hurdles
2019	Zyair Clark	12 th	400m Relay
2019	Emma Payne	9 th	400m Relay
2019	Jada Tullos	11 th	400m Relay
2019	Kaylee Koch	12 th	400m Relay
2019	Jemma Kelly	11 th	3200m Relay

Cougar Division Meet Champions cont.

2019	Angie Zefi	12 th	3200m Relay
2019	Katelyn Slone	10 th	3200m Relay
2019	Izabella Gowen	12 th	3200m Relay
2019	Janan Khalil	10 th	Shot Put, Discus
2019	Savannah McLauchlan	12 th	High Jump
2019	Kaylee Koch	12 th	Pole Vault
2019	Zoe' Galloway	11 th	Long Jump



Jennifer Schornak(junior)vaults her way into the record books, setting a school record (11' 3")at the State Finals and becoming the 1st female vaulter at Dakota to break a pole(don't worry; it was Rockford's pole). She was 5th place and earned All State honors. One year later she would become the State Champion vaulting 11' 6" at Rockford.

2021	Danielle Modock	10 th	100m Dash, 200m Dash, 400m Relay
2021	Jayden Harberts	9 th	800m Run, 1600m Run
2021	Emma Payne	11 th	400m Relay
2021	Angelina Isakov	10 th	High Jump, 400m Relay, 800m Relay
2021	Isabella Fitzgerald	9 th	400m Relay, 800m Relay
2021	Gabby Jones	11 th	Long Jump, 800m Relay
2021	Chelsea Harvey	11 th	800m Relay
2021	Katelyn Slone	12 th	3200m Relay
2021	Alondra Rosales	12 th	3200m Relay
2021	Ava LaMilza	10 th	3200m Relay
2021	Lindsay Harvey	10 th	3200m Relay
2021	Jennifer Zaprawa	12 th	Shot Put
2021	Janan Khalil	12 th	Discus
2022	Danielle Modock	11 th	100m Dash, 800m Relay
2022	Jayden Harberts	10 th	3200m Relay, 1600m Run, 800mRun, 1600m Relay
2022	Mariah Belmont	10 th	3200m Run, 3200m Relay
2022	Gabby Jones	12 th	300m Hurdles, 1600m Relay, Long Jump

Cougar Division Meet Champions cont.

2022	Emma Payne	12 th	800m Relay
2022	Edna Haskic	9 th	800m Relay
2022	El Auria Atienza	11 th	800m Relay
2022	Chelsea Harvey	12 th	3200m Relay, 1600m Relay
2022	Camryn Ash	10 th	1600m Relay
2022	Lindsay Harvey	11 th	3200m Relay



Camryn Ash awaits the 200m Dash start at Divisions in 2022.

2023	Danielle Modock	12 th	100m Dash, Long Jump, 400m Relay
2023	Isabella Perry	10 th	200m Dash, 400m Relay
2023	Ava LaMilza	12 th	1600m Run, 1600m Relay
2023	McKenna Goike	12 th	3200m Run
2023	Mariya Howard	11 th	300m Hurdles
2023	El Auria Atienza	12 th	400m Relay
2023	Sydney Timpa	10 th	400m Relay
2023	Jaea-Marie Dwyer	9 th	1600m Relay
2023	Lindsay Harvey	12 th	1600m Relay
2023	Lidia Clancy	9 th	1600m Relay
2024	Jayden Harberts	12th	1600m Run, 3200m Run
2024	Aniyah McMurrian	9th	400m Relay
2024	Isabella Perry	11th	400m Relay
2024	MaKayla Reed	10th	400m Relay
2024	Maygan Stramer	12th	Shot Put
2024	Sydney Timpa	11th	400m Relay

Cougar Regional Meet Champions

Year	Athlete	Grade	Event(s)
1998	Jenny Olszewski	12 th	300m Hurdles
2001	Erin Miller	12 th	Long Jump
2002	Jacqui Culbertson	10 th	3200m Relay
2002	Melissa Dunn	12 th	3200m Relay, 1600m Relay
2002	Monica Dunn	12 th	3200m Relay, 800m Run, 1600m Relay
2002	Heather Johnston	11 th	3200m Relay
2002	Rachel Wells	12 th	Pole Vault, 1600m Relay
2002	Jenny Buczek	10 th	1600m Relay
2003	Jacqui Culbertson	11 th	3200m Relay
2003	Jenni Culbertson	12 th	3200m Relay
2003	Olivia Dunn	9 th	3200m Relay
2003	Heather Johnston	12 th	3200m Relay
2003	Tanisha Johnson	9 th	High Jump
2005	Tanisha Johnson	11 th	High Jump, Long Jump
2006	Tanisha Johnson	12 th	Long Jump, High Jump
2008	Stephanie Cuniberti	10 th	High Jump
2008	Kelsey Hinz	11 th	Pole Vault
2009	Kelsey Hinz	12 th	Pole Vault
2009	Emily Kujawski	11 th	Shot Put
2010	Jennifer Schornak	11 th	Pole Vault
2010	Emily Kujawski	12 th	Discus, Shot Put
2010	Ashley Thomas	12 th	Long Jump
2010	Christina Micale	9 th	300m Hurdles
2011	Jennifer Schornak	12 th	Pole Vault
2011	Lauren Burnett	10 th	400m Dash
2011	Christina Micale	10 th	300m Hurdles
2012	Lindsey Bartz	11 th	Pole Vault
2012	Jillian White	12 th	1600m Relay
2012	Marah Pugh	10 th	3200m Relay
2012	Kathryn Ugorowski	12 th	3200m Relay, 1600m Relay
2012	Christina Micale	11 th	3200m Relay, 300m Hurdles, 1600m Relay
2012	Lauren Burnett	11 th	3200m Relay, 400m Dash, 800m Run, 1600m Relay

Cougar Regional Meet Champions

2013	Taylor Slivik	11 th	Pole Vault
2013	Kayla Dobies	9 th	High Jump, 3200m Relay
2013	Christina Micale	12 th	300m Hurdles, 3200m Relay
2013	Marah Pugh	11 th	3200m Relay
2013	Shawntes' Gayden	12 th	800m Relay, 400m Relay
2013	Jillian Flint	11 th	800m Relay, 400m Relay
2013	Brina Serafino	9 th	800m Relay, 400m Relay
2013	Dorothy Bradford	9 th	400m Relay
2013	Lauren Burnett	12 th	3200m Relay, 800m Relay, 400m Dash, 800m Run
2014	Kayla Dobies	10 th	800m Run
2014	Brina Serafino	10 th	800m Relay
2014	Lynn Blevins	11 th	800m Relay
2014	Jillian Flint	12 th	800m Relay
2014	Jordyn VanDeVelde	10 th	800m Relay
2015	Kayla Dobies	11 th	800m Run, 1600m Relay, High Jump
2015	Natalie Bobowski	10 th	1600m Relay
2015	Lynn Blevins	12 th	1600m Relay
2015	Jordyn VanDeVelde	11 th	1600m Relay
2016	Destinee Modock	12 th	400m Relay
2016	Hannah Mueller	10 th	400m Relay
2016	Taiyana Battiste	10 th	400m Relay
2016	Brenna Butkovich	10 th	400m Relay
2016	Kayla Dobies	12 th	High Jump
2017	Emily Droski	11 th	Discus
2018	Jada Tullos	10 th	400m Relay
2018	Airiana Louie-Cameron	10 th	400m Relay
2018	Brenna Butkovich	12 th	400m Relay
2018	Kaylee Koch	11 th	400m Relay, Pole Vault
2018	Emily Droski	12 th	Discus
2019	Kaylee Koch	12 th	Pole Vault
2021	Danielle Modock	10 th	100m Dash
2021	Jayden Harberts	9 th	1600m Run, 3200m Run, 3200m Relay
2021	Katelyn Slone	12 th	3200m Relay
2021	Mariah Belmont	12 th	3200m Relay
2021	Lindsay Harvey	10 th	3200m Relay

Cougar Regional Meet Champions

2022	Danielle Modock	11 th	100m Dash
2022	Jayden Harberts	10 th	1600m Run, 3200m Run
2022	Gabby Jones	12 th	300m Hurdles
2024	Sienna Avery	12 th	Pole Vault
2024	Casey Cojocar	9 th	High Jump
2024	Jayden Harberts	12 th	1600m Run, 3200m Run

Regionals Host Sites

Warren Mott	1999-2016, 2018-2019	20
Dakota High School	2017, 2022-23	3
Chippewa Valley	1997, 2021	2
Romeo	2024	1
Ypsilanti Lincoln	1998	1
Marysville (class B)	1996	1

2022 4 x800m Record holders!



MHSAA DIVISION I STATE FINALS
JUNE 1, 2024
 AT
EAST KENTWOOD HIGH SCHOOL

SIENNA AVERY - Pole Vault
 LIDIA CLANCY - 3200m Relay
 CASEY COJOCAR - High Jump
 EVAN COMBS - 1600m Relay, 800m Relay
 CHRIS DOTSON - 300m Hurdles, 1600m Run
 CARTER FOX - 1600m Run, 3200m Run
 CORY FRANKLIN - 800m Relay
 JAYDEN HARBERTS - 3200m Relay, 1600m Run, 3200m Run
 ANNA LUCAS - Pole Vault
 JAMES NASH - 1600m Relay, 800m Relay
 MYLENE PHAM - 3200m Relay
 AUBREY RIZZO - 3200m Relay
 MOMAR ROBERSON-WADE - 800m Relay
 CODY SHENE - 1600m Relay
 JULIA TIMPA - 3200m Relay
 SYDNEY TIMPA - High Jump

COACHING STAFF:
 MIKE TIMPA, ART DROSKI, EDDIE ROGINSKI, RICHARD POJETA, TANISHA CIARAVINO
 MISSY TIMPA, NICK BRYANT, BRENNAN BUTKOVICH, NATHAN PARKER, CARSON KRESNAK

GO COUGARS

MHSAA

DAKOTA
 TRACK & FIELD
 STATE FINALS
 2024

Women's Stadium Records

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>SCHOOL</u>	<u>DATE</u>
High Jump	Payton Klein-12	5' 8"	Romeo	5-9-17
Long Jump	Sekayi Bracey-11	18' 0"	East Kentwood	5-23-15
	Angelica Floyd-12	18' 0"	Chippewa Valley	5-25-17
Shot Put	Opal Jackson-12	50' 0"	L'Anse Creuse North	5-15-21
Discus	Opal Jackson-12	138' 4"	L'Anse Creuse North	5-26-21
Pole Vault	Mackenzie Shell-12	13' 0"	Port Huron Northern	5-9-15
3200m Relay	Carmen Engel-11(2:26.6)	9:16.3	Grosse Pointe South	5-14-11
	Christina Firl-10 (2:18.8)			
	Haley Meier-10 (2:18.2)			
	Hannah Meier-10 (2:12.4)			
100m Hurdles	Breanna Peabody-12	14.4	Utica	5-10-08
100m Dash	Sekayi Bracey-10	11.91	East Kentwood	5-23-15
800m Relay	Doofan Nyamor-11	1:42.03	Rockford	5-23-15
	Casey Lewnon-9			
	Makayla Clum-12			
	Sammy Cuneo-12			
1600m Run	Hannah Meier-10	4:53.5	Grosse Pointe South	5-14-11
400m Relay	Imani Brigham-10	48.47	East Kentwood	5-23-15
	Sedalia Libbett-12			
	Gabby Leon-10			
	Sekayi Bracey-11			
400m Dash	Lauren Burnett-12	57.41	Dakota	5-7-13
300m Hurdles	Breanna Peabody-12	44.4	Utica	5-10-08
800m Run	Lauren Burnett-12	2:10.83	Dakota	5-11-13
200m Dash	Sekayi Bracey-11	24.51	East Kentwood	5-23-15
3200m Run	Jayden Harberts-10	10:49.17	Dakota	5-20-22
1600m Relay	Lily Pendency-11 (61.5)	3:57.7	Grosse Pointe South	5-7-13
	Ersula Farrow-10 (57.2)			
	Haley Meier-12 (58.8)			
	Hannah Meier-12 (60.2)			

Updated 5-19-23

DAKOTA COUGARS TRACK & FIELD

WOMEN'S SCHOOL RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>GR</u>	<u>MARK</u>	<u>SITE</u>	<u>DATE</u>
High Jump	Kayla Dobies	11	5' 7"	Warren Mott	5-15-15
Long Jump	Tanisha Johnson	12	18' 2 3/4"	East Kentwood	6-3-06
Shot Put	Emily Kujawski	12	38' 1 3/4"	Rockford	6-5-10
Discus	Janan Khalil	12	141' 5"	East Kentwood	6-5-21
Pole Vault	Jennifer Schornak	12	11' 6"	Rockford	6-4-11
3200m Relay	Chelsea Harvey	12	9:24.72	Rockford	6-4-22
	Lindsay Harvey	11			
	Mariah Belmont	10			
	Jayden Harberts	10			
100m Hurdles	McKenna Wojcicki	12	15.22	Dakota	5-23-19
100m Dash	Brenna Butkovich	11	12.26	Dakota	5-19-17
800m Relay	Brina Serafino	9	1:41.55	East Kentwood	6-1-13
	Shawntes' Gayden	12			
	Jillian Flint	11			
	Lauren Burnett	12			
1600m Run	Jayden Harberts	10	4:54.05	East Kentwood	6-1-24
400m Relay	Jillian Flint	11	48.88	East Kentwood	6-1-13
	Dorothy Bradford	9			
	Brina Serafino	9			
	Shawntes' Gayden	12			
400m Dash	Lauren Burnett	12	55.67	East Kentwood	6-1-13
300m Hurdles	Gabrielle Jones	12	46.02	Dakota	5-20-22
800m Run	Lauren Burnett	12	2:09.57	Drake University	6-20-13
200m Dash	Lauren Burnett	12	25.2	GP North	5-21-13
3200m Run	Jayden Harberts	10	10:26.16	Rockford	6-4-22
1600m Relay	Jessica Bennett	9	4:01.53	East Kentwood	6-2-18
	Alexa Hempel	10			
	McKenna Wojcicki	11			
	Airiana Louie-Cameron	10			

updated 6-1-24

Where have the Cougar's competed?

State Finals Sites

Rockford	1997, 2000-02, 04-05, 08, 10-11, 14-15, 22-23	13
East Kentwood	2006-07, 09, 12-13, 17-19, 21, 24	10
Lowell (class B)	1996	1
Bay City Western	1998	1
Midland	1999	1
Houseman Field	2003	1
Hudsonville	2016	1

Macomb County Meet of Champions Sites

Warren Mott	1997-2016, 2018, 2022-24	24
Dakota	2017, 2019, 2021	3
L'Anse Creuse North	1996	1

Macomb Area Conference Division Meet Sites

Romeo	2000-01, 2003, 2022	4
Chippewa Valley	2002, 2004, 2021	3
Dakota	2009, 2015-16	3
Grosse Pointe North	1998, 2013, 2019	3
Grosse Pointe South	2005, 2017, 2023	3
Stevenson	2007, 2014	2
Eisenhower	2008, 2018	2
Port Huron	1999, 2011	2
Anchor Bay	2006, 2024	2
Utica	2012	1
Sterling Heights	2010	1
L'Anse Creuse	1997	1

Macomb Area Conference Division by year

unaffiliated	1996	1
Blue	1997-1998	2
White	1999 to 2006	8
Red	2007-present	16

2024 RELAY SPLIT TIMES

1600 METER RELAY

05/17/24	MHSAA DIVISION	1 REGIONAL COU2000	Ash Clancy Kessler Dwyer		4:10.98
		1. Camryn Ash	1:03.50	3. Emma Kessler	1:02.80
		2. Lidia Clancy	1:03.70	4. Jaea-Marie Dwyer	1:00.50
05/23/24	MACOMB COUNTY	MEET COU2000	Ash Dwyer Harberts Ruggirello		4:12.05
		1. Camryn Ash	1:03.70	3. Jayden Harberts	1:00.80
		2. Jaea-Marie Dwyer	1:00.30	4. Alexandra Ruggirello	1:06.90
04/27/24	STEVE JOHNSON	RELAYS COU2000	Ruggirello Kessler Clancy Dwyer		4:15.59
		1. Alexandra Ruggirello	1:05.50	3. Lidia Clancy	1:05.00
		2. Emma Kessler	1:02.70	4. Jaea-Marie Dwyer	1:02.10
04/23/24	DAKOTA VS. GP	NORTH COU2000	Ruggirello Dwyer Kessler Harberts		4:17.50
		1. Alexandra Ruggirello	1:07.60	3. Emma Kessler	1:04.50
		2. Jaea-Marie Dwyer	1:03.80	4. Jayden Harberts	1:01.30
05/07/24	MAC RED DIVISION	MEET COU2000	Ruggirello Kessler Clancy Dwyer		4:18.67
		1. Alexandra Ruggirello	1:06.50	3. Lidia Clancy	1:06.50
		2. Emma Kessler	1:03.70	4. Jaea-Marie Dwyer	1:01.80
05/11/24	20TH ANNUAL DAKOTA	INVITE COU2000	Dwyer Clancy Kessler Ruggirello		4:18.68
		1. Jaea-Marie Dwyer	1:02.70	3. Emma Kessler	1:03.40
		2. Lidia Clancy	1:05.20	4. Alexandra Ruggirello	1:07.00
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Ash Ruggirello Howard Dwyer		4:20.29
		1. Camryn Ash	1:04.50	3. Mariya Howard	1:06.90
		2. Alexandra Ruggirello	1:05.20	4. Jaea-Marie Dwyer	1:03.30
05/04/24	13TH MARK CARPENTER	INVIT COU2000	Ruggirello Clancy Rizzo Dwyer		4:22.02
		1. Alexandra Ruggirello	1:06.00	3. Aubrey Rizzo	1:08.80
		2. Lidia Clancy	1:05.80	4. Jaea-Marie Dwyer	1:01.30
04/16/24	DAKOTA VS. GPS	& ROMEO COU2000	Howard Belmont Ruggirello Harberts		4:28.30
		1. Mariya Howard	1:10.60	3. Alexandra Ruggirello	1:06.70
		2. Mariah Belmont	1:09.40	4. Jayden Harberts	1:01.40
03/23/24	67TH HURON RIVER	RELAYS COU2000	Haskic Kessler Perry Dwyer		4:33.77
		1. Edna Haskic	1:11.60	3. Isabella Perry	1:10.20
		2. Emma Kessler	1:04.00	4. Jaea-Marie Dwyer	1:08.10
04/20/24	24TH ROYAL OAK	RELAYS COU2000	Ruggirello Haskic Carter Clancy		4:38.29
		1. Alexandra Ruggirello	1:07.60	3. Reese Carter	1:14.00
		2. Edna Haskic	1:10.80	4. Lidia Clancy	1:05.60
04/11/24	DAKOTA VS. ANCHOR	BAY COU2000	Accetta Donlin Procissi Ruggirello		4:45.67
		1. Jenna Accetta	1:09.60	3. Charly Procissi	1:12.30
		2. Ava Donlin	1:14.10	4. Alexandra Ruggirello	1:08.90
05/21/24	JV MAC-COUNTY	MEET COU2000	Golitko Zoli Frederiksen Procissi		4:47.23
		1. Brooklyn Golitko	1:09.80	3. Katelyn Frederiksen	1:16.20
		2. Allison Zoli	1:13.60	4. Charly Procissi	1:07.40
04/06/24	SPRING BREAK CLASSIC	COU2000	Cojocar Frederiksen Clancy Dwyer		4:49.22
		1. Corey Cojocar	1:12.90	3. Lidia Clancy	1:08.10
		2. Katelyn Frederiksen	1:22.90	4. Jaea-Marie Dwyer	1:05.10
04/16/24	DAKOTA VS. GPS	& ROMEO COU2000	Cojocar Rizzo Fox Rizzo		4:50.47
		1. Corey Cojocar	1:11.60	3. Vivian Fox	1:14.80
		2. Aubrey Rizzo	1:12.80	4. Kaitlyn Rizzo	1:11.30
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Pham Faustich Smitka Timpa		4:52.26
		1. Mylene Pham	1:10.00	3. Ryann Smitka	1:15.30
		2. Samantha Faustich	1:11.40	4. Julia Timpa	1:15.90
03/23/24	67TH HURON RIVER	RELAYS COU2000	Reed King Timpa Guzman		4:59.09
		1. MaKayla Reed	1:06.30	3. Julia Timpa	1:13.70
		2. Laylah King	1:11.50	4. Mercedes Guzman	1:27.60
04/23/24	DAKOTA VS. GP	NORTH COU2000	Rizzo Smitka Rizzo Timpa		5:04.44
		1. Aubrey Rizzo	1:13.60	3. Kaitlyn Rizzo	1:14.60
		2. Ryann Smitka	1:18.10	4. Julia Timpa	1:18.90
04/11/24	DAKOTA VS. ANCHOR	BAY COU2000	Howell Maciasz Fox Harberts		5:04.70
		1. Natalie Howell	1:20.50	3. Vivian Fox	1:15.90
		2. Kayla Maciasz	1:20.80	4. Jayden Harberts	1:07.10
04/23/24	DAKOTA VS. GP	NORTH COU2000	Cojocar Faustich Fudge Maciasz		5:11.14
		1. Corey Cojocar	1:15.80	3. Alyssa Fudge	1:22.00
		2. Samantha Faustich	1:17.20	4. Kayla Maciasz	1:15.80
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Maciasz Noble Billings Fudge		5:13.87
		1. Kayla Maciasz	1:12.50	3. Jenna Billings	1:19.10
		2. DeMya Noble	1:21.70	4. Alyssa Fudge	1:20.60
04/16/24	DAKOTA VS. GPS	& ROMEO COU2000	Fudge Billings Howell Maciasz		5:14.37
		1. Alyssa Fudge	1:16.60	3. Natalie Howell	1:22.80
		2. Jenna Billings	1:18.90	4. Kayla Maciasz	1:15.80
04/11/24	DAKOTA VS. ANCHOR	BAY COU2000	Fudge Billings Santos Smitka		5:18.59
		1. Alyssa Fudge	1:17.60	3. Marina Santos	1:26.00
		2. Jenna Billings	1:18.60	4. Ryann Smitka	1:16.00
04/11/24	DAKOTA VS. ANCHOR	BAY COU2000	Frederiksen Mayfield Schwesinger Zoli		5:24.13
		1. Katelyn Frederiksen	1:17.40	3. Jodi Schwesinger	1:14.20
		2. Ariana Mayfield	1:29.00	4. Allison Zoli	1:22.50
04/23/24	DAKOTA VS. GP	NORTH COU2000	Lane Billings Fox Neumann		5:30.49
		1. Sydney Lane	1:21.00	3. Vivian Fox	1:17.10
		2. Jenna Billings	1:22.50	4. Amy Neumann	1:29.70
04/06/24	SPRING BREAK CLASSIC	COU2000	Golitko Mayfield Noble Billings		5:37.89
		1. Brooklyn Golitko	1:18.90	3. DeMya Noble	1:24.00
		2. Ariana Mayfield	1:32.90	4. Jenna Billings	1:21.90

3200 METER RELAY

05/17/24	MHSAA DIVISION 1 REGIONAL COU2000	Clancy Pham Rizzo Harberts		9:40.87
	1. Lidia Clancy	2:23.60	3. Aubrey Rizzo	2:28.20
	2. Mylene Pham	2:33.70	4. Jayden Harberts	2:15.10
05/04/24	13TH MARK CARPENTER INVIT COU2000	Rizzo Belmont Clancy Harberts		9:46.94
	1. Aubrey Rizzo	2:30.90	3. Lidia Clancy	2:28.60
	2. Mariah Belmont	2:27.60	4. Jayden Harberts	2:19.80
06/01/24	MHSAA D1 STATE FINALS COU2000	Clancy Pham Rizzo Timpa		10:01.41
	1. Lidia Clancy	2:25.20	3. Aubrey Rizzo	2:30.70
	2. Mylene Pham	2:31.60	4. Julia Timpa	2:34.20
05/23/24	MACOMB COUNTY MEET COU2000	Clancy Pham Rizzo Timpa		10:07.66
	1. Lidia Clancy	2:26.20	3. Aubrey Rizzo	2:30.80
	2. Mylene Pham	2:34.30	4. Julia Timpa	2:36.40
03/23/24	67TH HURON RIVER RELAYS COU2000	Pham Belmont Clancy Harberts		10:15.20
	1. Mylene Pham	2:44.70	3. Lidia Clancy	2:38.40
	2. Mariah Belmont	2:29.60	4. Jayden Harberts	2:22.50
04/23/24	DAKOTA VS. GP NORTH COU2000	Cojocar Harberts Clancy Belmont		10:15.38
	1. Corey Cojocar	2:43.60	3. Lidia Clancy	2:34.40
	2. Jayden Harberts	2:23.90	4. Mariah Belmont	2:33.30
04/27/24	STEVE JOHNSON RELAYS COU2000	Rizzo Rizzo Clancy Belmont		10:19.67
	1. Kaitlyn Rizzo	2:44.00	3. Lidia Clancy	2:27.50
	2. Aubrey Rizzo	2:37.40	4. Mariah Belmont	2:30.10
04/11/24	DAKOTA VS. ANCHOR BAY COU2000	Clancy Rizzo Rizzo Belmont		10:23.74
	1. Lidia Clancy	2:30.50	3. Aubrey Rizzo	2:42.30
	2. Kaitlyn Rizzo	2:41.20	4. Mariah Belmont	2:29.40
05/07/24	MAC RED DIVISION MEET COU2000	Clancy Smitka Pham Timpa		10:25.63
	1. Lidia Clancy	2:27.00	3. Mylene Pham	2:38.60
	2. Ryann Smitka	2:41.80	4. Julia Timpa	2:38.20
04/16/24	DAKOTA VS. GPS & ROMEO COU2000	Smitka Timpa Pham Clancy		10:39.93
	1. Ryann Smitka	2:42.00	3. Mylene Pham	2:44.90
	2. Julia Timpa	2:44.50	4. Lidia Clancy	2:27.90
04/06/24	SPRING BREAK CLASSIC COU2000	Smitka Rizzo Clancy Rizzo		10:50.58
	1. Ryann Smitka	2:43.20	3. Lidia Clancy	2:36.40
	2. Kaitlyn Rizzo	2:45.80	4. Aubrey Rizzo	2:44.90
05/11/24	20TH ANNUAL DAKOTA INVITE COU2000	Cojocar Smitka Rizzo Timpa		11:04.81
	1. Corey Cojocar	2:44.90	3. Kaitlyn Rizzo	2:44.40
	2. Ryann Smitka	2:44.80	4. Julia Timpa	2:50.60
03/23/24	67TH HURON RIVER RELAYS COU2000	Rizzo Rizzo Smitka Timpa		11:15.61
	1. Aubrey Rizzo	2:46.10	3. Ryann Smitka	2:53.20
	2. Kaitlyn Rizzo	2:47.80	4. Julia Timpa	2:48.50
04/30/24	DAKOTA VS. CHIPPEWA COU2000	Cojocar Santos Ivaskiv Clancy		11:38.21
	1. Corey Cojocar	2:48.30	3. Kristina Ivaskiv	3:01.10
	2. Marina Santos	3:16.80	4. Lidia Clancy	2:32.40
04/20/24	24TH ROYAL OAK RELAYS COU2000	Fox Maciasz Billings Cojocar		11:56.89
	1. Vivian Fox	2:55.10	3. Jenna Billings	3:04.40
	2. Kayla Maciasz	3:03.00	4. Corey Cojocar	2:54.10

4 X 1600M RELAY

04/20/24	24TH ROYAL OAK RELAYS COU2000	Smitka Timpa Pham Harberts		23:34.61
	1. Ryann Smitka	5:59.10	3. Mylene Pham	6:09.40
	2. Julia Timpa	6:06.80	4. Jayden Harberts	5:18.90
05/04/24	13TH MARK CARPENTER INVIT COU2000	Smitka Rizzo Ivaskiv Pham		24:14.94
	1. Ryann Smitka	6:00.80	3. Kristina Ivaskiv	6:12.50
	2. Kaitlyn Rizzo	5:59.60	4. Mylene Pham	6:01.40

4 X 300M RELAY

03/20/24	32ND ANNUAL SVSU INVITE COU2000	Howard Ash Haskic Dwyer		3:06.84
	1. Mariya Howard	44.90	3. Edna Haskic	49.80
	2. Camryn Ash	45.80	4. Jaea-Marie Dwyer	44.20

4 X 600M RELAY

03/20/24	32ND ANNUAL SVSU INVITE COU2000	Clancy Timpa Rizzo Rizzo		7:42.97
	1. Lidia Clancy	1:50.30	3. Aubrey Rizzo	1:55.60
	2. Julia Timpa	1:59.30	4. Kaitlyn Rizzo	1:57.60

400 METER RELAY

04/11/24	DAKOTA VS. ANCHOR BAY COU2000	Hodge Mack Offord Thomas		04.43
	1. Denali Hodge	14.80	3. Kayla Offord	18.00
	2. Nyhla Mack	15.90	4. Aniyah Thomas	15.70
05/17/24	MHSAA DIVISION 1 REGIONAL COU2000	Timpa Reed Perry McMurrrian		51.25
	1. Sydney Timpa	13.60	3. Isabella Perry	12.30
	2. MaKayla Reed	12.40	4. Aniyah McMurrrian	12.80
05/23/24	MACOMB COUNTY MEET COU2000	Timpa Reed Perry McMurrrian		51.91
	1. Sydney Timpa	13.10	3. Isabella Perry	12.70
	2. MaKayla Reed	13.30	4. Aniyah McMurrrian	12.60
05/07/24	MAC RED DIVISION MEET COU2000	Timpa Reed Perry McMurrrian		52.19
	1. Sydney Timpa	13.40	3. Isabella Perry	12.80
	2. MaKayla Reed	13.30	4. Aniyah McMurrrian	12.50
04/27/24	STEVE JOHNSON RELAYS COU2000	Timpa Fulford Perry McMurrrian		52.84
	1. Sydney Timpa	13.30	3. Isabella Perry	13.30
	2. Serenity Fulford	13.20	4. Aniyah McMurrrian	13.00

05/11/24	20TH ANNUAL DAKOTA INVITE	COU2000	Timpa Reed Perry McMurrian		52.85
			1. Sydney Timpa	13.60	3. Isabella Perry
			2. MaKayla Reed	12.80	4. Aniyah McMurrian
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Timpa Reed Perry McMurrian		52.86
05/04/24	13TH MARK CARPENTER INVIT	COU2000	Timpa Fulford Martin Perry		53.06
			1. Sydney Timpa	13.20	3. Jourdyn Martin
			2. Serenity Fulford	12.90	4. Isabella Perry
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Timpa Fulford Perry Reed		53.18
			1. Sydney Timpa	13.20	3. Isabella Perry
			2. Serenity Fulford	13.40	4. MaKayla Reed
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Timpa Reed Perry McMurrian		53.26
			1. Sydney Timpa	12.90	3. Isabella Perry
			2. MaKayla Reed	13.70	4. Aniyah McMurrian
04/23/24	DAKOTA VS. GP NORTH	COU2000	Timpa Fulford Perry McMurrian		53.83
			1. Sydney Timpa	14.30	3. Isabella Perry
			2. Serenity Fulford	13.90	4. Aniyah McMurrian
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Timpa Reed Sledge McMurrian		54.59
			1. Sydney Timpa	13.30	3. Madison Sledge
			2. MaKayla Reed	13.90	4. Aniyah McMurrian
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Martin Fulford King Walker-Simmons		56.26
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Carter Donlin Procissi Sledge		56.60
			1. Reese Carter	14.90	3. Charly Procissi
			2. Ava Donlin	14.60	4. Madison Sledge
04/23/24	DAKOTA VS. GP NORTH	COU2000	Martin Walker-Simmons Procissi King		57.15
			1. Jourdyn Martin	14.50	3. Charly Procissi
			2. Kennedy Walker-Simmons	15.70	4. Laylah King
05/21/24	JV MAC-COUNTY MEET	COU2000	Lane Avery Koss Lucas		57.65
			1. Sydney Lane	14.10	3. Ava Koss
			2. Sienna Avery	13.30	4. Anna Lucas
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Daniell Donlin Procissi Sledge		57.88
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Chau Zoli Torey Carter		58.10
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Golitko Procissi Lane McMurrian		58.54
			1. Brooklyn Golitko	15.10	3. Sydney Lane
			2. Charly Procissi	14.70	4. Aniyah McMurrian
04/23/24	DAKOTA VS. GP NORTH	COU2000	Daniell Donlin Frederiksen Sledge		58.55
			1. Ella Daniell	14.90	3. Katelyn Frederiksen
			2. Ava Donlin	14.60	4. Madison Sledge
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Lane Avery Koss Lucas		59.19
			1. Sydney Lane	13.80	3. Ava Koss
			2. Sienna Avery	14.90	4. Anna Lucas
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Dailey Daniell Torey Carter		59.71
			1. Lindsay Dailey	15.90	3. Anna Torey
			2. Ella Daniell	15.30	4. Reese Carter
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Turner Mayfield Roberson-Wade Dailey		1:00.82
04/06/24	SPRING BREAK CLASSIC	COU2000	Staley Mayfield Roberson-Wade McMurrian		1:00.94
			1. Candace Staley	17.20	3. Salimata Roberson-Wade
			2. Ariana Mayfield	15.70	4. Aniyah McMurrian
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Perkins Carter Dowdell Fohey		1:02.33
			1. Stoni Perkins	16.20	3. Je'Niyah Dowdell
			2. Nylah Carter	15.20	4. Haley Fohey
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Turner Dailey Roberson-Wade Mayfield		1:03.28
			1. Ava Turner	16.10	3. Salimata Roberson-Wade
			2. Lindsay Dailey	15.40	4. Ariana Mayfield
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Mack Walker-Simmons Hodge Thomas		1:03.98
			1. Nyhla Mack	16.60	3. Denali Hodge
			2. Kennedy Walker-Simmons	15.90	4. Aniyah Thomas
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Neumann Mcfee Walker-Simmons Motley		1:04.83
			1. Amy Neumann	17.80	3. Kennedy Walker-Simmons
			2. Briana Mcfee	16.70	4. Kyndall Motley
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Guzman Mayfield Noble Brown		1:05.44
			1. Mercedes Guzman	14.80	3. DeMya Noble
			2. Ariana Mayfield	16.90	4. Amber Brown

4X100M SHUTTLE W/BAL

04/27/24	STEVE JOHNSON RELAYS	COU2000	Torey Sauve Stramer Fohey		40.66
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Fohey Sauve Stramer Motley		1:09.27
			1. Haley Fohey	14.70	3. Maygan Stramer
			2. Emerson Sauve	21.40	4. Kyndall Motley

800 METER RELAY

05/23/24	MACOMB COUNTY MEET	COU2000	Ash Reed Perry Dwyer		1:48.24
			1. Camryn Ash	27.00	3. Isabella Perry
			2. MaKayla Reed	27.60	4. Jaea-Marie Dwyer
05/07/24	MAC RED DIVISION MEET	COU2000	Kessler Reed Perry Dwyer		1:49.08
			1. Emma Kessler	27.80	3. Isabella Perry
			2. MaKayla Reed	28.70	4. Jaea-Marie Dwyer
05/17/24	MHSAA DIVISION	COU2000	Kessler Reed Perry Dwyer		1:49.60
			1. Emma Kessler	28.30	3. Isabella Perry
			2. MaKayla Reed	28.50	4. Jaea-Marie Dwyer
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Kessler Reed Perry Dwyer		1:50.12
			1. Emma Kessler	27.50	3. Isabella Perry
			2. MaKayla Reed	28.60	4. Jaea-Marie Dwyer
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Kessler Reed Perry Dwyer		1:50.13
			1. Emma Kessler	28.00	3. Isabella Perry
			2. MaKayla Reed	28.50	4. Jaea-Marie Dwyer
05/11/24	20TH ANNUAL DAKOTA INVITE	COU2000	Kessler Reed Perry Dwyer		1:51.89
			1. Emma Kessler	28.70	3. Isabella Perry
			2. MaKayla Reed	28.90	4. Jaea-Marie Dwyer

04/27/24	STEVE JOHNSON RELAYS	COU2000	Kessler King Perry Dwyer		1:52.20
	1. Emma Kessler		27.30	3. Isabella Perry	27.50
	2. Laylah King		29.70	4. Jaeaa-Marie Dwyer	27.60
04/23/24	DAKOTA VS. GP NORTH	COU2000	Kessler Reed Perry Dwyer		1:52.33
	1. Emma Kessler		28.30	3. Isabella Perry	27.50
	2. MaKayla Reed		28.80	4. Jaeaa-Marie Dwyer	27.70
05/04/24	13TH MARK CARPENTER INVIT	COU2000	Timpa Chau Perry Dwyer		1:53.59
	1. Sydney Timpa		29.30	3. Isabella Perry	27.00
	2. Kaliah Chau		29.90	4. Jaeaa-Marie Dwyer	27.20
04/23/24	DAKOTA VS. GP NORTH	COU2000	McMurrian Haskic Ash King		1:54.70
	1. Aniyah McMurrian		27.30	3. Camryn Ash	28.60
	2. Edna Haskic		29.60	4. Laylah King	29.20
03/23/24	67TH HURON RIVER RELAYS	COU2000	Howard King Reed Kessler		1:54.82
	1. Mariya Howard		29.50	3. MaKayla Reed	27.80
	2. Laylah King		28.90	4. Emma Kessler	28.80
03/23/24	67TH HURON RIVER RELAYS	COU2000	Fulford Haskic Timpa Perry		1:56.33
	1. Serenity Fulford		29.80	3. Sydney Timpa	29.60
	2. Edna Haskic		29.10	4. Isabella Perry	27.50
04/11/24	DAKOTA VS. ANCHOR BAY	COU2000	Haskic Sledge King Perry		1:56.71
	1. Edna Haskic		28.80	3. Laylah King	30.10
	2. Madison Sledge		29.70	4. Isabella Perry	28.00
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Chau Haskic Ash Fulford		1:58.08
	1. Kaliah Chau		28.70	3. Camryn Ash	29.20
	2. Edna Haskic		29.00	4. Serenity Fulford	30.90
05/21/24	JV MAC-COUNTY MEET	COU2000	Ash Frederiksen Procissi Haskic		1:58.25
	1. Camryn Ash		26.50	3. Charly Procissi	30.00
	2. Katelyn Frederiksen		32.30	4. Edna Haskic	29.10
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Reed McMurrian Torey Procissi		1:58.28
	1. MaKayla Reed		27.50	3. Anna Torey	28.20
	2. Aniyah McMurrian		29.90	4. Charly Procissi	32.30
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	McMurrian Haskic Ash King		2:02.50
	1. Aniyah McMurrian		28.30	3. Camryn Ash	28.70
	2. Edna Haskic		27.80	4. Laylah King	29.25
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Chau Haskic Dwyer King		2:04.22
	1. Kaliah Chau		30.00	3. Jaeaa-Marie Dwyer	27.60
	2. Edna Haskic		35.60	4. Laylah King	31.00
04/16/24	DAKOTA VS. GPS & ROMEO	COU2000	Lane Zoli Falmer Fohey		2:07.82
	1. Sydney Lane		32.00	3. Sofia Falmer	33.60
	2. Allison Zoli		31.20	4. Haley Fohey	31.10
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Turner Golitko Zoli Fohey		2:08.30
	1. Ava Turner		31.30	3. Allison Zoli	31.40
	2. Brooklyn Golitko		33.90	4. Haley Fohey	31.00
04/30/24	DAKOTA VS. CHIPPEWA	COU2000	Frederiksen Zoli Daniell Sledge		2:09.15
	1. Katelyn Frederiksen		35.20	3. Ella Daniell	33.40
	2. Allison Zoli		30.80	4. Madison Sledge	28.40
04/06/24	SPRING BREAK CLASSIC	COU2000	Staley Golitko Frederiksen McMurrian		2:09.76
	1. Candace Staley		36.20	3. Katelyn Frederiksen	32.80
	2. Brooklyn Golitko		31.50	4. Aniyah McMurrian	29.00
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Lucas Lane Guzman Carter		2:14.23
	1. Anna Lucas		31.50	3. Mercedes Guzman	33.30
	2. Sydney Lane		35.90	4. Reese Carter	32.40

COED 4 X 400M RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Ash Ruggirello		3:57.23
	1.			3. Alexandra Ruggirello	1:05.90
	2. Camryn Ash		1:03.90	4.	
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Howard Harberts		4:01.95
	1. Mariya Howard		1:06.90	3. Jayden Harberts	1:03.20
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Maciasz Fohey		4:38.79
	1. Kayla Maciasz		1:18.00	3. Haley Fohey	1:17.60
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Howell Billings		4:59.82
	1. Natalie Howell		1:23.30	3. Jenna Billings	1:19.80
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Guzman Smith		5:11.69
	1. Mercedes Guzman		1:25.10	3. Kylie Smith	1:30.90

COED 4 X 800M RELAY

04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Clancy Smitka		9:56.73
	1. Lidia Clancy		2:36.90	3. Ryann Smitka	2:47.80
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Rizzo Rizzo		10:18.08
	1. Aubrey Rizzo		2:47.60	3. Kaitlyn Rizzo	2:45.00
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Fudge Billings		10:53.73
	1. Alyssa Fudge		3:06.60	3. Jenna Billings	3:03.40

DISCUS RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Sauve Torey Stramer		256'09.00"
	1. Emerson Sauve		89'11.00	3. Maygan Stramer	77'01.00
	2. Anna Torey		89'09.00	4.	
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Stramer Fohey Sauve		167'06.00"
	1. Maygan Stramer		83'09.00	3. Emerson Sauve	
	2. Haley Fohey		83'09.00	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Fohey Torey		153'04.00"
	1. Haley Fohey		69'11.00	3.	
	2. Anna Torey		83'05.00	4.	

COED SHUDDLE HURDLES

04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Lucas Lane			1:15.60
	1. Anna Lucas	20.62	3. Sydney Lane	21.21	

DISTANCE MEDLEY RELAY (1200m, 400m, 800m, 1600m)

04/20/24	24TH ROYAL OAK RELAYS	COU2000	Smitka Timpa Pham Clancy		14:01.33
	1. Ryann Smitka		4:28.50	3. Mylene Pham	2:45.10
	2. Julia Timpa		1:13.10	4. Lidia Clancy	5:34.40
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Rizzo Rizzo Smitka Clancy			14:03.79
	1. Kaitlyn Rizzo		2:41.50	3. Ryann Smitka	4:21.50
	2. Aubrey Rizzo		1:10.20	4. Lidia Clancy	5:50.40
04/27/24	STEVE JOHNSON RELAYS	COU2000	Cojocar Rizzo Timpa Smitka		14:21.31
	1. Corey Cojocar		2:43.80	3. Julia Timpa	4:24.90
	2. Kaitlyn Rizzo		1:13.80	4. Ryann Smitka	5:58.10
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Howell Noble Billings Smith			17:24.03
	1. Natalie Howell		3:20.80	3. Jenna Billings	4:56.60
	2. DeMya Noble		1:22.50	4. Kylie Smith	7:44.90

HIGH JUMP RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Cojocar Timpa Timpa		14'00.00"
	1. Casey Cojocar		5'00.00	3. Julia Timpa	4'03.00
	2. Sydney Timpa		4'09.00	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Clancy Dailey			8'05.00"
	1. Lidia Clancy		4'04.00	3.	
	2. Lindsay Dailey		4'01.00	4.	
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Haskic Dailey Timpa		8'05.00"
	1. Edna Haskic		4'00.00	3. Julia Timpa	4'05.00

JV 4X400M RELAY

05/11/24	20TH ANNUAL DAKOTA INVITE COU2000	Procissi Frederiksen Turner Zoli			5:07.06
	1. Charly Procissi		1:09.40	3. Ava Turner	1:22.00
	2. Katelyn Frederiksen		1:20.40	4. Allison Zoli	1:14.90
05/11/24	20TH ANNUAL DAKOTA INVITE COU2000	Howell Maciasz Fox Santos			5:18.13
	1. Natalie Howell		1:22.60	3. Vivian Fox	1:15.70
	2. Kayla Maciasz		1:17.50	4. Marina Santos	1:22.10

LONG JUMP RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Ruggirello Torey Chau		44'06.50"
	1. Alexandra Ruggirello		15'11.50	3. Kaliah Chau	13'11.00
	2. Anna Torey		14'08.00	4.	
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Timpa Ruggirello Chau		41'01.75"
	1. Sydney Timpa		14'08.50	3. Kaliah Chau	12'08.50
	2. Alexandra Ruggirello		13'08.75	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Carter Torey			27'05.75"
	1. Reese Carter		13'06.00	3.	
	2. Anna Torey		13'11.75	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Roberson-Wade Dailey			24'00.50"
	1. Salimata Roberson-Wade		12'02.75	3.	
	2. Lindsay Dailey		11'09.75	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Maciasz Mayfield			21'08.50"
	1. Kayla Maciasz		11'02.75	3.	
	2. Ariana Mayfield		10'05.75	4.	

POLE VAULT RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Avery Lucas		15'06.00"
	1. Sienna Avery		8'06.00	3.	
	2. Anna Lucas		7'00.00	4.	

SHOT PUT RELAY

04/20/24	24TH ROYAL OAK RELAYS	COU2000	Stramer Sauve Fohey		92'10.00"
	1. Maygan Stramer		33'03.00	3. Haley Fohey	29'09.00
	2. Emerson Sauve		29'10.00	4.	
04/27/24	STEVE JOHNSON RELAYS	COU2000	Stramer Sauve Fohey		87'08.50"
	1. Maygan Stramer		33'00.00	3. Haley Fohey	27'01.50
	2. Emerson Sauve		27'07.00	4.	
04/13/24	JEFFERSON 9TH/10TH INVITE COU2000	Fohey Torey			53'00.00"
	1. Haley Fohey		29'02.00	3.	
	2. Anna Torey		23'10.00	4.	

XC SCORED 3200M RUN

04/27/24	STEVE JOHNSON RELAYS	COU2000	Billings Faustich Fudge Santos		58:46.84
	1. Jenna Billings		13:50.25	3. Alyssa Fudge	15:01.57
	2. Samantha Faustich		14:14.31	4. Marina Santos	15:40.71
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Billings Faustich Fudge Santos		1: 1:35.90

SHUTTLE HURDLE RELAY

04/27/24 STEVE JOHNSON RELAYS COU2000 Howard Timpa McPeek Motley 1:17.26

SPRINT MEDLEY RELAY

04/27/24	STEVE JOHNSON RELAYS	COU2000	Timpa McMurrian	Howard Ash		1:59.21
			1. Sydney Timpa	13.00	3. Mariya Howard	29.70
			2. Aniyah McMurrian	12.80	4. Camryn Ash	1:03.50
04/20/24	24TH ROYAL OAK RELAYS	COU2000	Timpa Reed	King Ruggirello		2:03.88
			1. Sydney Timpa	13.50	3. Laylah King	30.52
			2. MaKayla Reed	12.60	4. Alexandra Ruggirello	1:06.50
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Zoli Reed	McMurrian Maciasz		5:15.83
			1. Allison Zoli	1:17.80	3. Aniyah McMurrian	29.20
			2. MaKayla Reed	27.00	4. Kayla Maciasz	3:01.60
04/13/24	JEFFERSON 9TH/10TH INVITE	COU2000	Noble Procissi	Golitto Fudge		5:26.44
			1. DeMya Noble	1:21.50	3. Brooklyn Golitto	33.80
			2. Charly Procissi	29.10	4. Alyssa Fudge	3:02.80



2023 Indoor County Champions!!.

**DAKOTA
HIGHLANDS
TRACK & FIELD**

TOP 60 ALL TIME POINT LEADERS (Since 2000)

NAME		POINTS
Kayla Dobies	COU2000	1099.30
Lauren Burnett	COU2000	935.74
Tanisha Johnson	COU2000	783.90
Christina Micale	COU2000	688.19
Alexis Penzien	COU2000	683.53
Gabrielle Jones	COU2000	678.91
Jillian Flint	COU2000	664.00
McKenna Wojcicki	COU2000	644.82
Emily Droski	COU2000	628.66
Jayden Harberts	COU2000	611.15
Danielle Modock	COU2000	571.50
Chelsea Harvey	COU2000	565.83
Marah Pugh	COU2000	525.74
Kaylee Koch	COU2000	492.53
Stephanie Cuniberti	COU2000	479.00
Kathryn Ugorowski	COU2000	472.24
Jennifer Schornak	COU2000	464.13
Savannah McLauchlan	COU2000	460.46
Jenny Buczek	COU2000	425.25
Jessica Pizzini	COU2000	418.06
Janan Khalil	COU2000	414.39
Gianah Krok	COU2000	400.07
Izabella Gowen	COU2000	399.98
Mariah Belmont	COU2000	395.65
Alexa Hempel	COU2000	381.04
Alexandra Saucedo	COU2000	379.64
Lindsey Bartz	COU2000	369.62
Emily Kujawski	COU2000	361.65
Sydney Timpa	COU2000	360.83
Hannah Pugh	COU2000	355.55

Jordyn VanDeVelde	COU2000	352.16
Natalie Bobowski	COU2000	351.82
Megan Felcyn	COU2000	348.49
Rachel Wells	COU2000	346.71
Lindsay Harvey	COU2000	342.64
Lynn Blevins	COU2000	340.37
Brina Serafino	COU2000	340.00
Ava LaMilza	COU2000	334.90
Monica Dunn	COU2000	331.87
Melissa Dunn	COU2000	331.87
Kelsey Hinz	COU2000	331.81
Brianna Schenk	COU2000	323.66
Chelsea Piper	COU2000	320.08
Ashley Thomas	COU2000	315.23
Taylor Slivik	COU2000	315.22
Jennifer Zaprawa	COU2000	313.65
Lisa LaPerriere	COU2000	310.66
Shawntes' Gayden	COU2000	297.25
Zoe Morris	COU2000	293.15
Erin Miller	COU2000	289.41
Emma Myziuk	COU2000	286.66
Mia Dagati	COU2000	282.73
Jessica Lobaido	COU2000	276.00
Hannah Scruggs	COU2000	275.54
Hannah Faustyn	COU2000	265.57
Katelyn Daly	COU2000	264.35
Shawna Maeder	COU2000	257.89
Autumn Majestic	COU2000	256.23
Jennifer Culbertson	COU2000	253.14
Sienna Avery	COU2000	221.56
Laura Fett	COU2000	218.86
Jemma Kelly	COU2000	217.83

POINT LEADERS FOR THE 2024 SEASON

<u>NAME</u>		<u>POINTS</u>
Jayden Harberts	COU2000	139.25
Sydney Timpa	COU2000	101.83
Lidia Clancy	COU2000	95.91
Jaea-Marie Dwyer	COU2000	84.75
Maygan Stramer	COU2000	80.07
Aubrey Rizzo	COU2000	65.83
Mariya Howard	COU2000	65.75
Sienna Avery	COU2000	64.91
Anna Torey	COU2000	51.83
Casey Cojocar	COU2000	47.66
Isabella Perry	COU2000	47.25
Anna Lucas	COU2000	46.41
Mariah Belmont	COU2000	45.25
Kaitlyn Rizzo	COU2000	44.99
Alexandra Ruggirello	COU2000	44.00
Aniyah McMurrian	COU2000	43.00
Julia Timpa	COU2000	39.90
Haley Fohey	COU2000	38.40
Emma Kessler	COU2000	38.25
Ryann Smitka	COU2000	38.24
MaKayla Reed	COU2000	33.50
Mylene Pham	COU2000	31.50
Camryn Ash	COU2000	30.25
Corey Cojocar	COU2000	27.91
Emerson Sauve	COU2000	17.07
Sydney Lane	COU2000	16.00
Charly Procissi	COU2000	13.00
Allison Zoli	COU2000	10.25
Kayla Maciasz	COU2000	10.00

Jodi Schwesinger	COU2000	10.00
Brooklyn Golitko	COU2000	10.00
Edna Haskic	COU2000	9.91
Katelyn Frederiksen	COU2000	9.50
Lindsay Dailey	COU2000	8.66
Vivian Fox	COU2000	8.50
Jenna Billings	COU2000	7.82
Kaliah Chau	COU2000	5.75
Laylah King	COU2000	5.50
Alyssa Fudge	COU2000	5.32
Ava Koss	COU2000	5.25
Jourdyn Martin	COU2000	5.00
Serenity Fulford	COU2000	4.75
Kristina Ivaskiv	COU2000	4.75
TJ Carter	COU2000	4.00
Reese Carter	COU2000	4.00
Kyndall Motley	COU2000	3.75
Marina Santos	COU2000	3.57
Samantha Faustich	COU2000	3.32
Madison McPeek	COU2000	3.00
Amy Neumann	COU2000	3.00
Candace Staley	COU2000	1.75
Ariana Mayfield	COU2000	1.50
Madison Sledge	COU2000	1.25
Ava Turner	COU2000	1.25
Natalie Howell	COU2000	1.00
DeMya Noble	COU2000	1.00
Salimata Roberson-Wade	COU2000	0.50