

Dakota Men's Track & Field Awards History

Most Points

1996	Mark Natale-9	1998	n/a
1997	Jon Magnotte-9	1999	n/a

MVP

2000	Jon Magnotte-12	2011	Nick Culbertson-12
2001	Brad Schick-11		Cody Morgan-12
	Ryan Sucharski-11	2012	David Basirico-10
2002	Brad Schick-12	2013	Andy Saucedo-12
	Ryan Sucharski-12		Ken Campbell-11
2003	Billy Eisenhardt-11	2014	Ken Campbell-12
	Karl Fox-10		Brad Bates-12
	Jeff Green-11	2015	De'Shon Collier-11
2004	Brian Hinz-12	2016	De'Shon Collier-12
2005	Nick Fowler-10		Chase Fedolak-11
	Marcus Lancaster-11	2017	Chase Fedolak-12
2006	Nick Fowler-11		Kyle Knight-12
	Josh Gerogen-11	2018	Jeron Kelley-12
2007	Nick Fowler-12		Jason Ribbentrop-12
	Dave Magnotte-12	2019	Nathan Parker-12
	Mike Puhalla-12		Brandon Ross-11
2008	Keefe Corley-10	2021	Matthew Singer-12
2009	Phil Baldick-12	2022	Riley Smalarz-12
	Nick Culbertson-10	2023	Jack Mathers-12
2010	Kyle Allinder-12	2024	Chris Dotson-11

Spirit & Loyalty

2001	Jason Bakou-10	2012	Tim Szymanski-12
2002	Jason Bakou-11	2013	Tyler Piekarski-11
2003	Matt Murray-11	2014	Tyler Piekarski-12
2004	Dane Thorman-12	2015	Dan Westarb-11
2005	Tony Francisco-11	2016	Leland Gales-12
	Ronnie Vigneau-11	2017	Josh VanSlambrouck-11
2006	Eddie Roginski-11	2018	Jacob Zmija-12
2007	Josh Gerogen-12	2019	Justin Tamplin-11
2008	Andrew Williams-12	2021	Carson Gilbertson-10
2009	Jason Branch-12	2022	Dominic Pacifico-11
2010	Nick Culbertson-11	2023	Tyler Torey-10
2011	Ryan Tilney-12	2024	Tyler Milosavlevski-12

Extreme Istok Award

2003	Jay Parker-9	2015	Dan Westarb-11
2004	David Williams-9	2016	Dan Westarb-12
2005	Alex Spalding-10	2017	Sheldon Khamtean-10
	Bret Throman-12	2018	Rhami Khalil-12
2007	Kyle Allinder-9	2019	Matthew Singer-10
2008	Johnny Kaiser-9	2021	Caden Ott-12
2011	Hunter Karam-11	2022	Tyler Torey-9
2013	Ian Demrose-10	2023	Owen Clancy-12
2014	Noah Vallee-11	2024	Ken McKennedy-11

Most Improved

2000	Jimmy Dunn-10	2011	Tim Szymanski-11
2001	AJ Culberson-11	2012	Brandon Ball-10
2002	Simon Obarto-10	2013	Ian Demrose-10
2003	Garret Holcomb-10	2014	Brennan Buckner-12
	Mike Smith-11		Stephen Ardanowski-12
	Dane Thorman-11	2015	Kyle Knight-10
2004	John Choiniere-10	2016	David Walker-10
	Karl Fox-11	2017	Jason Ribbentrop-11
2005	Dave Magnotte-10	2018	Dylan Marx-11
	Mike Puhalla-10	2019	Reid Gwyn-12
2006	Josh Burk-12		Jacob Sand-11
2007	Jamal Clayton-12	2021	Jordan Vernon-12
2008	Jacob Doan-12	2022	Saarim Iqbal-11
2009	Jason Stafford-10	2023	James Nash-10
2010	Hunter Karam-10	2024	Carter Fox-12

Most Outstanding Performance

2004	Billy Eisenhardt	2019	4x400m Relay Team at MITCA (Milosavlevski, Sand, Parker, Matzinger)
2005	Chris Fisher-11	2021	Zachary Webb-12
2006	Kyle Baugh-11	2022	Corey Royster-11
2007	Dave Magnotte-12	2023	Momar Roberson-Wade-11
2008	Nick Culbertson-9	2024	Carter Fox/Lucas LaMilza
2009	Phil Baldick-12		
2010	Tyler Zdybel-12		
2011	Nick Culbertson-12		
2012	David Basirico-10		
2013	Zack Thomas-12		
2014	4x200m & 4x100m Relay Teams (Campbell, Flack, Piekarski, Collier)		
2015	Ian Demrose-12		
2016	De'Shon Collier-12		
2017	Cale Snyder-12		
2018	Jason Ribbentrop-12		



De'Shon Collier sprints to victory in the 100m Dash, at Dakota during the MAC RED Division meet on May 24, 2016

Cub Award

2000	Jeff Annessa-9	2011	David Basirico-9
2001	Andrew Allen-9	2012	Shane Bateman-11
	Brian Hinz-9		Ken Campbell-10
2002	Billy Eisnehardt-10	2013	De'Shon Collier-9
	Ryan Spaulding-9		Tyler Riddoch-11
2003	Marcus Lancaster-9	2014	Dan Knapp-9
2004	Nick Fowler-9	2015	Jason Ribbentrop-9
	Scott Fowler-9	2016	Devin Dove-12
2005	Brenden Andrews-9		Nathan Parker-9
	Matt Lukas-9	2017	Gabe Holman-10
2006	Quentin Trotter-11	2018	Matt Singer-9
2007	Koree Mickeyus-10		Zack Webb-9
2008	Nick Culbertson-9	2019	DeVontrey Mosley-9
	Vince Ferranti-9	2021	Riley Smalarz-11
2009	Eric Slivik-10		Corey Royster-10
	Clayton Smith-12	2022	Ben Biondo-12
2010	Jordan Staley-11	2023	Nick Battaglia-10
	Alex Fauer-9	2024	Brendan Meehan-11

4 Year State Qualifier

2011 Nick Culbertson



Nick Culbertson set the school record in the 1600m Run (4:24.6) in 2011, breaking Ryan Sucharski's record of 4:25.3 from 2002. The record is now 4:19.80 set by Chase Fedolak in 2017.

Veteran Award

2003	none				
2004	Karl Dunn				
	Jeff Green	2012	Calin Castanares		
	Brian Hinz		Tyler Connors		
	Matt Murray		Joe Cuniberti		
	Bryan Neate		Juan Hernandez		
	Simon Obarto		Hunter Karam		
	Austin Johnston		Patrick Madinsky	2017	Joshua Brooks
	Dane Throman		Stephen Orr		Brett Droski
	Chris Vagasky		Tim Szymanski		Chase Fedolak
2005	Karl Fox		Greg Wehrwein		Andrew Gustafson
	Ryan Spaulding	2013	Zack Bastuba		Joshua Jaster
	Bret Thorman		Dan Ciesielski		Sawyer Kisha
2006	Josh Burk		Colin Driscoll		Kyle Knight
	John Choiniere		Alex Fauer		Mitchell MacDonald
	James Courtney		Andy Saucedo		Zachary MacDonald
	Chris Fisher		Bill Sheahan		Cale Snyder
	Tony Francisco		Zack Thomas		Thomas Szymanski
	Greg Opeth	2014	Stephan Ardanowski	2018	Andrew Astromovich
	Ronnie Vigneau		Travis Artman		Aaron Barbera
	Ryan Majewski		David Basirico		David Carnago
2007	Nick Fowler		Bradley Bates		Jeron Kelley
	Scott Fowler		Jacob Bonacorsi		Rhami Khalil
	Josh Georgen		Antonino Candela		Jason Ribbentrop
	Dave Magnotte		Andrew Costie		Dawson Sloan
	Eddie Roginski		Zachary Flack		Colin Swanson
	Brian Paul		Anthony Groves		Josh VanSlambrouck
	Travis Thorman		Tyler Piekarski		Jacob Zmija
2008	Brenden Andrews		Garrett Zdybel	2019	Joseph Jaster
	Corey Clinton	2015	Nicholas Brooks		Michael Jesue
	Matt Lukas		Caleb Coppola		Sheldon Khamtean
	Andrew Williams		Ian Demrose		Kyle Kresnak
2009	Phil Baldick		Jacob Kalahar		Calogero Maniaci
	Jared Sivec		Alex Koscielski		Dylan Marx
2010	Kyle Allinder	2016	Paul Aguila		Nathan Parker
	Tyler Zdybel		Anthony Barbera		Ethan Soave
2011	Nick Culbertson		De'Shon Collier		Matthew Thomas
	Brandon Hein		Matthew Ford		Cole Tracy
	Cody Morgan		Gervon Gaddie-Oliver		Sean Whitaker
	Jeremy Nafus		Leland Gales	2020	Logan Gilbertson
	Blake Ryan		James Hoefler		Christian Kijek

	Chris Mancani		Jack Murray		Saarim Iqbal
	Jeremy Matzinger		Yasir Naji		Nick Henderson
	Noah Murray		Nicholas Nguyen		Jason Jaster
	Adam Randazzo		Caden Ott		Jack Mathers
	Brandon Ross		Matthew Singer		Dominic Pacifico
	Jacob Sand		Jordan Vernon		Braeden Peña
	Cameron Stermer		Christopher Villaire		Jonah Varghese
	Jacob Sulewski		Zachary Webb		Michael Vogel
	Justin Tamplin		Connor Whitaker		Nicholas Vohs
	Michael Threat		Ayden Wisiniski	2024	Evan Combs
	Brandon Ung	2022	Vincent Bogovican		Simon Davis
	Joel Varghese		Casey Carr		Aaron Dok
	Nathan Vohs		Alex Dabrowski		Carter Fox
2021	Nicholas Bryant		Braylon Davis		Braden Garrish
	David Collar		Tim Pham		Preston Jarreau
	Andrew Dok		Max VanJaarsveld		Tyler Milosavlevski
	Jacob Harberts		Jacob Vohs		Andrew Mossington
	Landon Julius	2023	Owen Clancy		Finnian Myers
	Andrew Milosavlevski		Wyatt Davis		Cody Shene
	Evan Misajlovski		Carson Gilbertson		Henrik Szmyd
	Alfonso Mocerri		Aiden Gowland		

8 Season Track & Field / Cross Country Veterans

2004	Jeffrey Green		Mitchell MacDonald		Matthew Singer
	Christopher Vagasky		Zachary MacDonald		Christopher Villaire
2007	Edward Roginski		Thomas Szymanski		Connor Whitaker
	Brian Paul	2018	Colin Swanson	2022	Jacob Vohs
	Travis Thorman	2019	Michael Jesue	2023	Owen Clancy
2011	Blake Ryan		Matthew Thomas		Carson Gilbertson
2012	Patrick Madinsky		Sean Whitaker		Nicholas Henderson
	Stephen Orr	2020	Jacob Sand		Jason Jaster
2013	Alex Fauer		Brandon Ung		Jack Mathers
	William Sheahan		Nathan Vohs		Chase Palmer
2015	Nicholas Brooks	2021	Nicholas Bryant		Braeden Peña
2016	Anthony Barbera		David Collar		Nicholas Vohs
	James Hoefler		Jacob Harberts	2024	Simon Davis
2017	Joshua Brooks		Andrew Milosavlevski		Carter Fox
	Joshua Jaster		Evan Misajlovski		Tyler Milosavlevski
	Sawyer Kisha		Caden Ott		



2019 MAC RED DIVISION MEET CHAMPIONS

Coaches' Award

2003	Brian Hinz-11	Mitch MacDonald-11
2004	Bryan Neate-12	Josh VanSlambrouck-10
2005	Karl Fox-12	Trevor Self-12
	Scott Fowler-10	Jason Ribbentrop-10
	Josh Georgen-10	Paul Aguila-12
2006	John Choiniere-12	Cale Snyder-11
	Scott Fowler-11	2017 Kyle Kresnak-10
	Dave Magnotte-11	Dawson Sloan-11
2007	Jamal Clayton-12	AJ Allen-9
	Brenden Andrews-11	Joe Jaster-10
	Phil Baldick-10	Andrew Astromovich-11
2008	Kyle Allinder-10	Colin Swanson-11
	Andrew Williams-12	Shawn Murray-12
2009	Blake Ryan-10	Louis Azor-9
	Jared Sivec-12	Jacob Zmija-11
2010	Randy Bitrus-12	2018 Gabe Holman-11
	Blake Ryan-11	Dawson Sloan-12
	Aaron Cory-12	Jeremy Matzinger-10
	Ryan Tilney-11	Colin Swanson-12
2011	Troy Ciaramella-11	Nathan Parker-11
	Alex Fauer -10	Kyle Kresnak-11
	Hunter Karam-11	Sheldon Khamtean-11
	Brandon Hein-12	Tyler Webb-11
	Zack Thomas-10	2019 Vinnie Bogovician-9
2012	Travis Artman-10	Braylon Davis-9
	Zack Thomas-11	Trevor Duff-11
	Tyler Piekarski-10	Gabe Holman-12
	Jacob Kalahar-9	Kyle Kresnak-12
	Andy Saucedo-11	Jeremy Matzinger-11
2013	Stephen Ardanowski-11	Cameron Stermer-11
	Jacob Bonacorsi-11	Zachary Webb-10
	Zack Flack-11	2021 Braylon Davis-11
	Jake Kalahar-10	Andrew Dok-12
	Dan Westarb-9	DJ Stepney-12
2014	Stephen Ardanowski-12	Jacob Harberts-12
	Jacob Lemelin-10	Andrew Milosavlevski-12
	Trevor Self-10	Nick Bryant-12
	Zack Flack-12	Jack Mathers-10
	Jordin Fowler-11	Keyone Nixon-11
	Cale Snyder-9	Dominic Pacifico-10
	Ian Demrose-11	Nathan Matyniak-11
	Chase Fedolak-9	2022 Chris Dotson-9
	Dan Westarb-10	Cory Franklin-9
2015	Kyle Knight-10	Lucas LaMilza-9
	Jimmy Hoefler-11	Jack Mathers-11
	David Walker-9	James Nash-9
	Derek Barden-10	Chase Palmer-11
	Adam Majestic-11	Tyler Torey-9
	Richard Ray-11	Jacob Vohs-12
	Gervon Oliver-11	2023 Jack Aranowski-10
2016	Jordin Fowler-12	Marco Chynoweth-12
	Ken Williams-12	Colin Cousineau-11
	Andrew Astromovich-10	Chris Dotson-10

Cory Franklin-10
Aiden Gowland-12
Lucas LaMilza-10
Dylan Oltersdorf-10
Dominic Pacifico-12
Joe Pruchnic-12
Momar Roberson-Wade-12

2024 Oliver Davis-10
Aaron Dok-12

Ian Flechsig-11
Joe Kaleto-10
Finnian Myers-12
James Nash-11
Andrew Scheloske-10
Connor Shelton-10
Jeramiah Thomas-10

Take a Bite out of Track Award

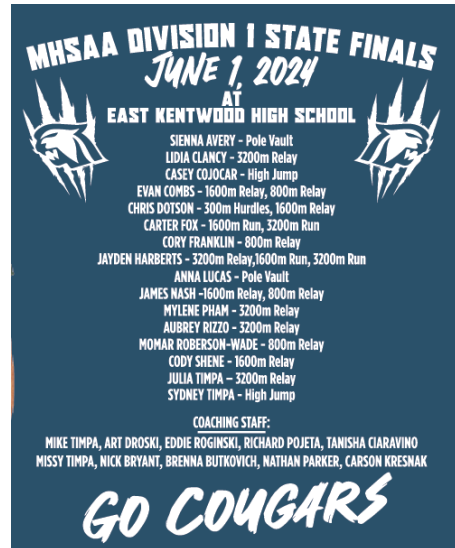
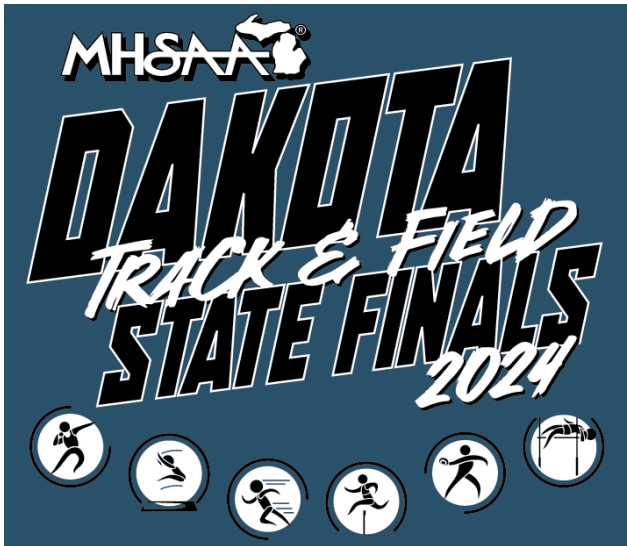
2003 Karl Fox-10
Garret Holcomb-10
Dru Ulinski-9
2004 Jeff Green-12
Brian Hinz-12
Simon Obarto-12
2005 Karl Fox-12
Matt Lukas-9
Dave Magnotte-10
Mike Puhalla-10
Justin Shaffer-10
Ryan Spaulding-12
2006 Tony Francisco-12
Matt Lukas-10
Quentin Trotter-11
2007 Kyle DeMaster-11
Eric Bloomquist-10
Kyle Clemons-11
Danny Mui-10
2008 Billy Malburg-11
Jason Stafford-9
Justin Vollbach-9
2009 Kyle Allinder-11
Anthony Flack-12
Cody Morgan-10
Zach Thieme-10
2010 Brandon Hughes-11
Tyler Zdybel-12
2011 Brandon Hein-12
Patrick Hein-9
David Basirico-9
2012 Danny Bieszki-10
Anthony Groves-10
Zack Flack-11
2013 Cooper Bell-11
Ken Campbell-11
Garrett Zdybel-11
Dan Westarb-9
2014 Dan Westarb-10
Mitch Gassell-10
2015 Kyle Knight-10
Jay Nandy-11

Terrence Hinton-12
2016 Frank Alcini-11
Devin Dove-12
Andrew Astromovich-10
Dan Westarb-12
Nolan Amore-9
Carlo Maniaci-9
2017 Nathan Parker-10
2018 Matt Singer-9
Kyle Kresnak-11
Justin Tamplin-10
Brandon Michalak-11
Dawson Sloan-12
David Carnago-12
2019 Alex Ciaramitaro-9
Carlo Maniaci-12
Dylan Marx-12
Brandon Michalak-12
Jacob Sand-11
Jordan Vernon-10
2021 Chris Villaire-12
Casey Carr-11
Nick Nguyen-12
Caden Ott-12
Evan Misajlovski-12
Matthew Singer-12
2022 Casey Carr-12
Cody Shene-10
Nicola Vitale-12
2023 Wyatt Davis-12
Ken McKennedy-10
Tyler Milosavlevski-11
Braeden Peña-12
Noah Redman-10
Cody Shene-11
2024 Jack Aranowski-11
Casey Bryant-11
Ken McKennedy-11
Micah Mikanga-10
Cody Shene-12
Elijah Warren-9

I Brush My Teeth With Sand Award

2013 De'Shon Collier-9
 2016 Connor McLaughlan
 Frank Alcini
 De'Shon Collier-12

2022 Joseph Berns-12
2024 Momar Roberson-Wade-12
Jeremiah Thomas-10



Lindsey Fisher Stitch Award

2003 Chris Fisher-9
 Simon Obarto-11
 2004 Karl Fox-11
 2005 Karl Fox-12
 2006 Quentin Trotter-11
 2007 Mike Stickle-9
 Travis Thorman-12
 Kyle DeMaster-11
 2008 Phil Baldick-11
 Charles Martin-12
 2009 Kyle Allinder-11
 Coach Matt Lukas

2010 none
 2011 Brandon Hein-12
 Troy Ciaramella-11
 2012 Brandon Ball-10
 Dan Ciesielski-11
 2013 Stephen Ardanowski-11
 2014 Tyler Piekarski
 2015 Coach Skowneski
 2017 Brandon Alkazir
 2022 Carson Kresnak-11
 2023 Chris Dotson-10
2024 Micah Mikanga-10



Carter Fox updates his school record in the 3200m Run in 2024 after the Regional meet.

Dakota Men's & Women's Track & Field Awards History

Cougar Award

2000	Shannon Gmerick	2007	Scott Fowler
2001	Marija Durakovich	2008	Steve Korycinski
2002	Rachel Wells	2009	Gwen Scruggs
2003	Jenni Culbertson	2010	Emily Kujawski
2004	Jeff Green	2011	Hannah Pugh
2005	Alyssa Reeves	2012	Hannah Scruggs
2006	Jessica Lobaido		

Starting in the 2013 season it was decided by the coaching staff to give one award to each the boys and girls team. This was due to the number and the quality of student-athletes in each program.

2013	Christina Micale	Alex Fauer
2014	Sarah Szymanski	Jacob Bonacorsi
2015	Kellie Hoehing	Jacob Kalahar
2016	Kayla Dobies	James Hoefler
2017	Allyson Slone	Mitchell MacDonald
2018	Elizabeth Gray	Andrew Astromovich
2019	Hannah Faustyn	Joseph Jaster
2020	Alexa Hempel / Kaitlyn Strukel	Jacob Sand / Justin Tamplin
2021	Katelyn Slone	Alfonso Mocerri
2022	Chelsea Harvey	Casey Carr
2023	Lindsay Harvey	Saarim Iqbal
2024	Jayden Harberts	Simon Davis

Sam Timpa Track & Field Scholarship winners

This scholarship was started in memory of my grandfather who believed in the power or working hard every day. At the beginning my father donated money to get this scholarship started, we also used profit from ticket sales at the Dakota Invitational. With the success of our home track meets and thanks to the volunteerism of our parents, our events draw large crowds and the money we earn is used to go back to the scholarship winners. To date we have given over \$17,000 in scholarships to members of the Track and Field team at Dakota. Seniors who have at least 3 years on our team and a 3.0 GPA can apply for this scholarship in April. A committee of teachers, coaches, administrators, and community members select the winners.

2024	Simon Davois-U of M	Braden Garrish- U of M
2023	Jason Jaster-MSU	Lindsay Harvey-U of M
2022	Alex Dabrowski-OU	Chelsea Harvey – U of M
2019	Ethan Soave	Brenna Fauer
2018	Dawson Sloan-MSU	Colin Swanson-Wheaton
2017	Joshua Jaster-Tiffin	Cale Snyder-Washburn
2016	Monica Micale-MSU	Adam Majestic-MSU
2015	Ian Demrose-Hope College	Kellie Hoehing-CMU
2014	Jacob Bonacorsi-Oakland	Sarah Szymanski-MCC
2013	Christina Micale-SVSU	---
2012	n/a	



**THANKS FOR A MEMORABLE SEASON!
GO COUGARS!!**