

Dakota Girls Track & Field Awards History

Most Points

1996	Tracy Shamaly	1998	n/a
1997	Lisa Mazzola	1999	n/a

MVP

2000	Erin Miller-11		Jenni Culbertson-12
2001	Marija Durakovich-12		Heather Johnston-12
	Erin Miller-12	2004	Jenny Buczek-12
2002	Melissa Dunn-12	2005	Tanisha Johnson-11
	Monica Dunn-12		Lisa Laperriere-10
	Rachel Wells-12	2006	Tanisha Johnson-12
2003	Jacqui Culbertson-11		

Tanisha Johnson MVP

2007	Megan Felcyn-11	2010	Emily Kujawski-12
	Jessica Pizzini-10	2011	Lauren Burnett-10
2008	Stephanie Cuniberti-10		Jennifer Schornak-12
	Megan Felcyn-12	2012	Lauren Burnett-11
2009	Emily Kujawski-11	2013	Lauren Burnett-12
	Chelsea Piper-12		

Johnson-Burnett MVP

2014	Kayla Dobies-10		Jessica Bennett-9
2015	Kayla Dobies-11	2019	Savannah McLauchlan-12
2016	Kayla Dobies-12	2021	Jayden Harberts-9
	Alexis Penzien-12	2022	Jayden Harberts-10
2017	Emily Droski-11	2023	Ava LaMilza-12
	McKenna Wojcicki-10	2024	Jayden Harberts-12
2018	Emily Droski-12		Sydney Timpa-11

Most Improved

2000	Marija Durakovich-11	2012	Rachal Pugh-11
2001	Rachel Wells-11	2013	Jillian Flint-11
2002	Jennifer Culbertson-11	2014	Lynn Blevins-11
2003	Jackie Braun-12		Mary Moore-11
2004	Jessica Lobaido-10	2015	Alexis Penzien-11
	Monique White-10	2016	Emily Droski-10
2005	Angie Giordimaina-12		Ally Slone-11
	Shannon Murray-11	2017	Savannah McLauchlan
2006	Alyssa Magnotte-10	2018	Angie Zefi-11
2007	Sara Snider-12	2019	Janan Khalil-10
2008	Megan Pittoors-12	2021	Gabby Jones-11
2009	Sarah Ball-11	2022	Mariya Howard-10
2010	Kathryn Ugorowski-10	2023	Mariya Howard-11
2011	Brittney Cross-10	2024	Maygan Stramer-12

I Brush My Teeth With Sand Award

2009	Ashley Thomas-11	2023	Sydney Timpa-10
2010	Khey Carter-Berry-9		Laylah King-10
2011	Adrienne Thomas-12		Kyndall Motley-10
2016	Kiara Hill-9	2024	Reese Carter-10
2022	Sydney Timpa-9		Sydney Timpa-11

Lindsey Fisher Stitch Award

2003	Michelle Newton-11	2010	Jennifer Schornak-11
2004	Danielle Vandine-12	2011	Laura Fett-12
2005	Lisa Laperriere-10	2018	Haley Moore-11
2007	Sara Snider-12	2023	Reese Carter-9
	Gwen Scruggs-10	2024	Jordyn Martin-11
2008	Rebecca Fett-10		
	Katie Madinsky-11		

4-Year State Qualifier Award

2009	Kelsey Hinz	2023	Danielle Modock (3 time)*
2013	Lauren Burnett		* Due to the cancelation of the 2020 season Danielle did not have a freshman season.
2013	Christina Micale	2024	Jayden Harberts
2014	Marah Pugh		
2016	Kayla Dobies		

Kayla Dobies runs at Dakota in the 2016 MAC RED Division Championship meet on May 24th



Spirit & Loyalty

2001	Lindsey Fisher-11	2007	Kelsey Hinz-10
2002	Jessica Maschinski-10	2009	Laura Fett-10
2003	Jenny Buczek-11	2010	Laura Fett-11
2004	Tanisha Johnson-10	2011	Christina Micale-10
2005	Jessica Lobaido-11	2012	Christina Micale-11
2006	Tanisha Johnson-12	2013	Christina Micale-12

Christina Micale Spirit & Loyalty Award

2014	Jillian Flint-12	2019	Jenna Kelly-11
2015	Kellie Hoehing-12	2021	Katelyn Slone-12
2016	Alexis Penzien-12	2022	Celia Sikowski-11
2017	Hannah Faustyn-10	2023	Celia Sikowski-12
2018	Hannah Faustyn-11	2024	Mariya Howard-12

Extreme Istok Award

2003 Lori VanSlembrouck-9
2004 Kristen Miles-9
2005 Kellyn Jackson-11
2006 Kim Wilson-12
2008 Kristin Korycinski-11
2009 Jennifer Schornak-10
2010 Adrienne Thomas-12
Jennifer Schornak-11
2011 Jennifer Schornak-12
2012 Lindsey Bartz-11
2013 Keonna Belyue-11

2014 Alexis Penzien-10
2015 Alexis Penzien-11
2016 Alexis Penzien-12
2017 Hailey Servidio-10
2018 Kaylee Koch-11
2019 Shannon Blaszkowski-11
2021 Mia Dagati-11
2022 Julia Timpa-9
2023 Julia Timpa-10
2024 Kristina Ivaskiv-11

Cub Award

2000 Jennifer Culbertson-9
2001 Jenny Buczek-9
2002 Amanda Fader-9
Ashley Junga-9
2003 Olivia Dunn-9
Tanisha Johnson-9
Jessica Lobaido-9
2004 Andrea de la Garza-9
Lisa Laperriere-9
2005 Megan Felcyn-9
Alexis Zmudczynski-9
2006 Janell Herrick-9
Kelsey Hinz-9
2007 Shantelle Herring-10
2008 Hannah Pugh-9
Ashley Thomas-10
2009 Emily Kujawski-11
Kathryn Ugorowski-9
2010 Lauren Burnett-9
Christina Micale-9
2011 Jillian Flint-9

Marah Pugh-9
2012 Alexandra Saucedo-9
Kellie Hoehing-9
2013 Kayla Dobies-9
Brina Serafino-9
2014 Natalie Bobowski-9
2015 Emily Droski-9
Natalie Viggiano-9
2016 Kamry Smith-12
Kiara Hill-9
2017 Kaylee Koch-10
2018 Emma Myziuk-9
Janan Khalil-9
2019 Chelsea Harvey-9
2021 Danielle Modock-10
Angelina Isakov-10
2022 Sydney Timpa-9
2023 Jae-Marie Dwyer-9
2024 Aubrey Rizzo-9

Most Outstanding Performance

2004 Lisa Laperriere-9
2005 Tanisha Johnson-11
2006 Tanisha Johnson-12
2007 Megan Felcyn-11
2008 Kelsey Hinz-11
Jessica Pizzini-11
2009 Kelsey Hinz-12
2010 Jennifer Schornak-11
2011 Jennifer Schornak-12
2012 Lauren Burentt-11
2013 Lauren Burnett-12
Lindsey Bartz-12

2014 4x400m Relay Team
(VanDeVelde, Bobowski, Flint, Dobies)
2015 Kayla Dobies-11
2016 Kayla Dobies-12
2017 Brenna Butkovich-11
2018 4x400m Relay Team
(Bennett, Hempel, Wojcicki, Louie-Cameron)
2019 McKenna Wojcicki-12
2021 Janan Khalil-12
2022 Gabby Jones-12
2023 Jayden Harberts-11
2024 Sienna Avery-12

Did that just Happen?

2023 Sydney Timpa-10

2024 Charly Procissi-10

Veteran Award

2004	Jenny Buczek Jacqui Culbertson Jessica Maschinski Michelle Newton Danielle Vandine		Christina Micale Amanda Sidebottom Kaitlin Singer		Payton Garbarino Izabella Gowen Autumn Majestic	
2005	none		2014	Julia Astromovich Katelyn Daly Jillian Flint	2021	Angie Zefi Nicole Campbell
2006	Tanisha Johnson Jessica Lobaido Shannon Murray Monique White			Marah Pugh Madi Ridella Haley Sand Taylor Slivik		Allison Ferguson Ella Garbarino Janan Khalil
2007	none			Sarah Szymanski Stephanie Waterstraat		Emma Mathers Emma Myziuk
2008	Megan Felcyn Sarah Kulman Alyssa Magnotte Krysten Neate Megan Pittoors Haley Sanders	2015	Lynn Blevins Kellie Hoehing Mary Moore Sarah Verellen Jailynn Winbush		Kelly Parker Lauren Schlackman Katelyn Slone Stefanie St. Pierre Michelle Teremi	
2009	Janell Herrick Kelsey Hinz Katie Madinsky Chelsea Piper Jessica Pizzini Nicole Provencher Gwen Scruggs	2016	Dorothy Bradford Dominique Brzegowski Kayla Dobies Shelbie Eastman Taylor Haugen Monica Micale Destinee Modock Alexis Penzien	2022	Britney Ung Jennifer Zaprawa Mia Dagati Chelsea Harvey Gabrielle Jones Gianah Krok Kimberly Martin Emma Payne	
2010	Sarah Ball Stephanie Cuniberti Rebecca Fett Lauren Doherty		Alexis Penzien Mariah Rivers Alexis Stillwell	2023	Samantha Fudge McKenna Goike Lindsay Harvey Ava LaMilza	
2011	Laura Fett Shawna Maeder Kohrman Hannah Pugh	2017	Donnicia Knott Allyson Slone		Danielle Modock Melanie Sejnowski Celia Sikowski	
2012	Hannah Scruggs Kathryn Ugorowski Jillian White	2018	Taiyana Battiste Lauren Campbell Jordan Demrose Emily Droski Elizabeth Gray Chloe Hadden	2024	Camryn Ash Sienna Avery Mariah Belmont Jayden Harberts Mariya Howard Maygan Stramer	
2013	Lindsey Bartz Lauren Burnett Shawntes' Gayden Katie Gross	2019	Brianna Schenk Zyair Clark Brenna Fauer Hannah Faustyn			

8 Season Track & Field / Cross Country Veterans

2008	Krysten Neate		Ella Garbarino
2016	Kayla Dobies Monica Micale		Emma Myziuk Kelly Parker Katelyn Slone
2017	Allyson Slone		Stefanie St. Pierre
2018	Elizabeth Gray		Britney Ung
2019	Brenna Fauer Hannah Faustyn Payton Garbarino Izabella Gowen	2023	Ava LaMilza Lindsay Harvey
2021	Nicole Campbell Allison Ferguson	2024	Mariah Belmont Jayden Harberts

Take a Bite out of Track Award

2003	Jenny Buczek-11 Jessica Dunn-11 Iman Elgammal-11	2014	Angelica Medina-10
2004	Samantha Adams-9 Jenny Buczek-12 Ashley Junga-11 Shannon Murray-10	2015	Kayla Dobies-12
2005	Emily Marriott-10	2016	Genna Harrell-9 Kayla Rhein-9 Kamry Smith-12 Lindsay Teets-12
2006	Megan Kulman	2017	Alexa Hempel-9 Kayla Rhein-10 Tori Smitley-11 Savannah McLauchlan-10
2007	Sara Snider-12	2018	Savannah McLauchlan-11 Kelly Parker-9 Jenna O'Bryan-9 Brenna Butkovich-12
2008	Hannah Ratliff-9 Laura Fett-9 Shawna Maeder-9 Stephanie Cuniberti-10	2019	Cassidy Gomes-9 Mia Dagati-9
2009	Katelyn Allinder-9 Sara Baguzis-10 Jennifer Schornak-10	2021	Ava Thomas-9 Chelsea Harvey-11 Angelina Isakov-10 Britney Ung-12
2010	Sophie Kohrman-11	2022	Zoë Morris-12 Gabby Jones-12 Emma Payne-12
2011	Nicole Pittoors-10 Laura Fett-12 Marissa Madynski-9 Sara Baguzis-12 Samantha Schram-9 Jillian Flint-9	2023	Camryn Ash-11 Celia Sikowski-12 Jourdyn Martin-10 Sydney Timpa-10 Julia Timpa-10
2012	Jillian Blackwell-10 Sarah Verellen-9 Kellie Hoehing-9	2024	Kaliah Chau-11 Mariya Howard-12 Ariana Mayfield-10 Charly Procissi-10 Sydney Timpa-10
2013	Taylor Dailey-10 Shelbie Eastman-9 Shawntes' Gayden-12 Alecia Ratiu-King-12 Cassie Rymas-9 Taylor Slivik-11 Sarah Szymanski-11		

Coaches' Award

2003	Danielle Vandine-11		Stephanie Cuniberti-12
2004	Angie Giordimaina-11		Hannah Pugh-11
2005	Andrea de la Garza-10 Monique White-11		Jillian White-10
2006	Shannon Murray-12 Chelsea Piper-9 Jessica Pizzini-9	2011	Jillian White-11 Lindsey Bartz-10 Reily Malczewski-9 Dayle Micale-12 Shannon Trajkovski-9
2007	Janell Herrick-10 Andrea Knudson-10 LaQwana Dockery-9 Stephanie Cuniberti-9	2012	Jillian Flint-10 Olivia Ziemba-9 Mary Moore-9 Christina Micale-11 Katelyn Daly-10 Rachel Pepe-9 Sarah Szymanski-10
2008	Sarah Ball-10		
2009	Sarah Ball-11 Stephanie Cuniberti-11 Jessica Pizzini-12		
2010	Sarah Ball-12	2013	Alexis Penzien-9

Alex Saucedo-10
Kaitlin Singer-12
Marisa Weller-9
Olivia Ziemba-10
2014 Alexis Penzien-10
Mary Moore-11
Rebecca Schwandt-10
Monica Micale-10
Jordyn VanDeVelde-10
Shelbie Eastman-10
2015 Alexis Penzien-11
Mary Moore-12
Monica Micale-11
Jordyn VanDeVelde-11
Linn Olsen-12
Natalie Bobowski-10
2016 Natalie Bobowski-11
Liz Gray-10
Izabella Gowen-9
Brianna Schenk-10
India Vela-9
Sheila Payne-10
Lauren Adler-12
Jordan Demrose-10
2017 Sheila Payne-11
India Vela-10
Brianna Schenk-11
Rylie Yager-10
Lauren Campbell-11
Cristina Reo-11
Jada Tullos-9
Haley Moore-10
Samiah Banks-Oliver-10
2018 Autumn Majestic-11
Shannon Blaszkowski-10
Majesty Coleman-10
Katie Slone-9
Savannah McLauchan-11
Lauren Schlackman-9
Jada Tullos-10
Rachel Patterson-11
Brianna Schenk-12
Zyair Clark-11
2019 Shannon Blaszkowski-11
Zyair Clark-12

Alexa Hempel-11
Gabrielle Jones-9
Kaylee Koch-12
Autumn Majestic-12
Emma Payne-9
Lauren Schlackman-10
2021 Chelsea Harvey-11
Lindsay Harvey-10
Emma Myziuk-12
Mariah Belmont-9
Celia Sikowski-10
Emma Payne-11
Mariya Howard-9
Mia Dagait-11
Gianah Krok-11
Lauren Schlackman-12
2022 Mia Dagati-12
Edna Haskic-9
Emma Payne-12
El Auria Atienza-11
Tori Trumper-10
Madison McPeek-9
Genevieve Crowther-10
Mariah Belmont-10
2023 El Auria Atienza-12
Sienna Avery-11
Lidia Clancy-9
McKenna Goike-12
Laylah King-10
Jourdyn Martin-10
Madison McPeek-10
Isabella Perry-10
Ryann Smitka-10
Julia Timpa-10
2024 **Mariah Belmont-12**
Jenna Billings-9
Kaliah Chau-11
Lindsay Dailey-10
Kayla Maciacz-9
MaKayla Reed-10
Isabella Perry-11
Ryann Smitka-10
Allison Zoli-10

Dakota Boys & Girls Track & Field Awards History

Cougar Award

2000 Shannon Gmerick	2007 Scott Fowler
2001 Marija Durakovich	2008 Steve Korycinski
2002 Rachel Wells	2009 Gwen Scruggs
2003 Jenni Culbertson	2010 Emily Kujawski
2004 Jeff Green	2011 Hannah Pugh
2005 Alyssa Reeves	2012 Hannah Scruggs
2006 Jessica Lobaido	

Starting in the 2013 season it was decided by the coaching staff to give one award to each the boys and girls team. This was due to the number and the quality of student-athletes in each program.

2013 Christina Micale	Alex Fauer
2014 Sarah Szymanski	Jacob Bonacorsi
2015 Kellie Hoehing	Jacob Kalahar
2016 Kayla Dobies	James Hoefler
2017 Allyson Slone	Mitchell MacDonald
2018 Elizabeth Gray	Andrew Astromovich
2019 Hannah Faustyn	Joseph Jaster
2021 Katelyn Slone	Alfonso Mocerri
2022 Chelsea Harvey	Casey Carr
2023 Lindsay Harvey	Saarim Iqbal
2024 Jayden Harberts	Simon Davis

Sam Timpa Track & Field Scholarship winners

This scholarship was started in memory of my grandfather who believed in the power of working hard every day. At the beginning my father donated money to get this scholarship started, we also used profit from ticket sales at the Dakota Invitational. With the success of our home track meets and thanks to the volunteerism of our parents, our events draw large crowds and the money we earn is used to go back to the scholarship winners. To date we have given over \$17,000 in scholarships to members of the Track and Field team at Dakota. Seniors who have at least 3 years on our team and a 3.0 GPA can apply for this scholarship in April. A committee of teachers, coaches, administrators, and community members select the winners.

2024	Simon Davis-U of M	Braden Garrish- U of M
2023	Jason Jaster-MSU	Lindsay Harvey- U of M
2022	Alex Dabrowki-OU	Chelsea Harvey- U of M
2019	Ethan Soave	Brenna Fauer
2018	Dawson Sloan-MSU	Colin Swanson-Wheaton
2017	Joshua Jaster-Tiffin	Cale Snyder-Washburn
2016	Monica Micale-MSU	Adam Majestic-MSU
2015	Ian Demrose-Hope College	Kellie Hoehing-CMU
2014	Jacob Bonacorsi-Oakland	Sarah Szymanski-MCC
2013	Christina Micale-SVSU	---
2012	n/a	



**THANKS FOR A MEMORABLE SEASON!
GO COUGARS!!**